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# Extraction of Curcumin from Turmeric Powder Through Complexation

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#### **ABSTRACT**

The complexation behavior of curcumin with boron and oxalic acid to form rubrocurcumin is utilized for the extraction of curcumin from turmeric powder. The complex formation reaction has been hastened by the addition of a phase transfer catalyst. To recover curcumin from the complex, the decomposition of the rubrocurcumin is studied. It was found that ammonia solution is a better reagent for the recovery of curcumin from its boron complex. The complexation of curcumin and its recovery by decomposition do not adversely affect curcumin, as ascertained by spectroscopic methods. This new approach for extraction of curcumin affords its isolation in an appreciable yield and in lesser time.

Keywords: Curcumin, Isolation, Turmeric powder, Rubrocurcumin, Hydrolysis.

# INTRODUCTION

Curcumin and the curcuminoids are rare examples of naturally occurring β-diketoneligands. Curcumin was isolated by Vogel and Pelletier¹ in 1815. Several methods have been reported for the isolation of curcumin from turmeric, which include the petroleum ether extraction², organic solvent extraction³, by treating the rhizomes with a mixture of isopropyl alcohol and hexane. In 2000, a method of treating the dried rhizomes with dichloromethane was reported in which ground rhizome was stirred in dichloromethane and heated at reflux for hours⁴. The microwave⁵.6.7 and ultrasound® assisted extraction of curcumin has gained much attention during the onset of 21st century. Later, Bagchi⁰ has reported

the supercritical fluid extraction of curcumin from turmeric using different organic solvents. Also, the chemical composition of turmeric was reported as protein (6.3%), fat (5.1%), minerals (3.5%), carbohydrates (69.4%) and moisture (13.1%). Bimal Dutta<sup>10</sup> reported that during the ethanolic extraction of curcumin yielded 125 mg out of 100 g dried and powdered rhizomes. The curcumin content in turmeric was reported to be 3-6% of the weight of the rhizomes.<sup>11,12</sup>

The methods for the preparation of curcumin-boron complexes as reported by Spicer and Strickland<sup>13</sup>, as well as by Sui<sup>14</sup> *et al.*, are not only tedious, requiring very prolonged refluxing, but also use solvents such as benzene and pyridine.



Thus it was felt that a short duration, less tedious, safer route to curcumin-boron complexes warrants investigation. With our long standing interest in the bioactivities of curcumin and curcumin-boron complexes, it was natural for us to consider whether the complex formation between boron and curcumin could be fashioned into a method for isolating curcumin from turmeric powder. Based on this idea, after a series of trials, we now report the optimized conditions for the complex formation and its subsequent decomposition to afford pure curcumin. In this context, the high current catalog price of pure curcumin, in comparison with the price of the same quantity of turmeric powder, which contains about 0.02-2% W/W curcumin, is noteworthy.

The formation of a deeply colored complex when curcumin was treated with boric acid or boric oxide has been known for more than a century. Later, this color formation was advantageously exploited for establishing a colorimetric method for the estimation of boron. The method is based on the formation of two different coloured complexes of curcumin with boron, which are rubocurcumin and rosocyanin. Between the two, the commonly used curcumin method for boron determination involves the formation of a reddish-brown rosocyanin complex<sup>13</sup> with a  $\lambda_{max}$  of 545nm at pH 1.0. The chemistry behind the formation of rubrocurcumin and rosocyanin was investigated first by Spicer and Strickland<sup>14</sup> who had suggested that rubrocurcumin is a 1:1:1 complex of curcumin, boron and oxalic acid whereas rosocyanin to be a 1:1 complex of curcumin with boron. Based on later work, including single crystal XRD studies of related compounds14, the structure of rubrocurcumin, the 1:1:1 complex of curcumin: boron: oxalic acid and rosocyanin, the 1:1 complex of curcumin: boron have been established.

The metal complexes of curcumin were studied thoroughly for their structure and applications<sup>15</sup>. The presence of Boron in food and marine products was spectrophotometrically

determined<sup>16,17</sup> by reaction with curcumin. Thus the formation of rubrocurcumin as a new approach seems to be promising strategy in the extraction of curcumin rather than the other methods.

#### **MATERIALS AND METHODS**

In order to make the formation of rubrocurcumin easier, safer and more reproducible, several trials were carried out. The initial trials for the formation of rubrocurcumin were with dichloromethane, which we later replaced with ethyl acetate. This avoided the use of a chlorinated solvent. but the boron complex did not separate out so that the solvent had to be distilled to collect the complex. This prompted us to look for another eco-friendly solvent, from which the recovery of the product would be easy. Consequently, acetonitrile was examined as the reaction medium. In parallel, other organic carboxylic acids, such as malonic, succinic, lactic and tartaric acids were investigated with a view to tailor the solubility properties of the complex and thus enhance the yield of the complex. We however found that oxalic acid to be the best dicarboxylic acid among the acids studied.

Equimolar amounts of curcumin, boric acid and oxalic acid were thus mixed in acetonitrile and the mixture was heated for about an hour. However, the reaction did not reach completion by this time. Based on reports in literature, where phase transfer catalyst (PTC) speeded up the reaction in the organic phase, we attempted the inclusion of tetrabutylammonium bromide (TBAB) for hastening the complexation reaction<sup>18</sup>. The reaction was then seen to go to completion immediately as evidenced by the appearance of intense pink color on the addition of TBAB. Later, we noted that the addition of the PTC catalyst along with the reactants would reduce the overall heating time to less than ten minutes. The completion of the reaction could easily be confirmed by TLC analysis using chloroform and methanol (19:1). The work up involved a slow dilution of the reaction mixture with water under vigorous stirring whereupon the curcumin-boron-oxalic acid complex precipitated easily as a deep purple shiny micro crystals which are easily filterable.

The recovery of curcumin from its boron complexes appears not to have been investigated in detail. The reported synthesis of curcumin 19,20 involved a curcumin-boron complex as the final product from which curcumin had been reported to be released by treatment with dilute mineral or acetic acid and by stirring for several hours. To circumvent the above difficulty, we investigated many reagents that would make the recovery of curcumin easier. Taking cue from Pabon's report mentioned above, a saturated solution of rubrocurcumin in methanol was treated with dilute NaOH solution under stirring for 10 min at room temperature. Upon alkali addition and stirring, the color of the solution changed from blue to green, and finally to orange yellow. Upon acidification with dilute HCI, the solution turned yellow. The mixture was extracted with ethyl acetate and the solvent was evaporated to obtain curcumin. However, this method cannot be adopted as a general method for the isolation due to the low solubility of rubrocurcumin in methanol and the instability of curcumin in presence of NaOH. Moreover, an organic solvent was needed in this method to dissolve rubrocurcumin. Jeena et al.,21 have studied the hydrolysis of rubrocurcumin in detail and utilized acetone-water medium for hydrolysis. When this was used as the medium for the decomposition of the boron complex, the recovery of curcumin was found to be difficult. In order to avoid the use of an organic solvent and also to make the recovery of curcumin operationally easier, ammonia solution was next investigated. Thus, rubrocurcumin was dissolved in concentrated ammonia and curcumin was easily recovered by further acidification.

Commercial turmeric powder (50 g) was mixed with oxalic acid (2 g) and boric acid (2 g) in 100 mL acetonitrile in a round bottom flask. The mixture was then heated for 10 minutes. After cooling, water was added followed by stirring to obtain a dark colored product. The product was then filtered and concentrated ammonia was added to the filter paper whereby the complex dissolved out, leaving the vegetable matter present in the turmeric powder in the filter funnel. The filtrate was diluted and neutralised with aqueous HCl solution to obtain curcumin in powder form upon stirring. It was then collected and the product was dried and weighed. The weight obtained was 1.36 g. The product thus obtained was identified by TLC and by recording its VIS and FTIR spectra.

Table 1: Optimization of rubrocurcumin formation

Serial no	Dicarboxylic acid (in acetonitrile)	TBAB	Time	Yield
		Yes	10 min	85%
1	Oxalic acid	No	60 min	78%
		Yes	15 min	60%
2	Malonic acid	No	75 min	60%
		Yes	15 min	60%
3	Succinic acid	No	75 min	55%
		Yes	20 min	50%
4	Tartaric acid	No	75 min	55%

#### Dry column flash chromatography

Curcumin mix (500 mg) obtained by the decomposition of rubrocurcumin as above was dissolved in ethyl acetate. TLC grade silica (5 g) was added to it. Curcumin got adsorbed on the silica gel and the solvent was completely removed by evaporation at room temperature. A silica gel bed was packed in dry condition on a flash column. The adsorbed curcumin was then loaded above the silica bed of the dry column and the components were separated by dry column chromatography using elution with chloroform<sup>22</sup> to obtain curcumin-II (370 mg), curcumin-II (75 mg) and curcumin-III (30 mg).

# **RESULTS AND DISCUSSION**

The formation of rubrocurcumin, which required about hours for completion under conditions reported by Spicer and Strickland, has now been made operationally much simpler by the use of a phase transfer catalyst TBAB and acetonitrile as solvent. The rapid, complete complex formation has been attributed to a heterogeneous phase transfer catalysis, though the exact mechanism of this catalysis has not been established. It has been suggested that the surface of the phase transfer catalyst serves as the site for reaction, whereas another reported explanation assumed that the small amount of moisture present aids the catalysis. In summary, acetonitrile seems to be a suitable solvent and the presence of TBAB was seen to be advantageous. Ammonia solution was found to most suited among a wide variety of acids and bases examined to decompose rubrocurcumin, owing to its inertness towards curcumin; unlike that of sodium hydroxide solution. Further, the precipitation and collection of curcumin powder by filtration or centrifugation is devoid of any practical difficulty. By employing this new method, we have been successful in isolating curcumin from the powdered rhizomes with an yield of 2.7%.

The hydrolysis study<sup>21</sup> of a rubrocurcumin derivative from salicyclic acid showed that the end products are salicycilc acid and curcumin. In their study, the isolation of curcumin was confirmed based on UV-spectrum and HPLC analysis.

Rubrocurcumin neither undergoes any structural transformation during the treatment with NH<sub>a</sub>, nor curcumin underwent any unexpected structural changes during the decomposition as evidenced by TLC experiments. Also, the visible spectrum of rubrocurcumin in NH<sub>3</sub> solution, followed by the treatment processes was similar to that of authentic curcumin. The  $\lambda_{\mbox{\scriptsize max}}$  value of curcumin falls around 430 nm. Though curcumin has undergone complexation, dissolution and subsequent treatment with acid, the shape of the UV-spectrum as well as the  $\lambda_{max}$  value does not show any deviations from that of the reference sample. The uv spectrum was recorded at four different time intervals to ascertain that the curcumin isolated by the present method had not undergone any structural changes in presence of ammonia solution.

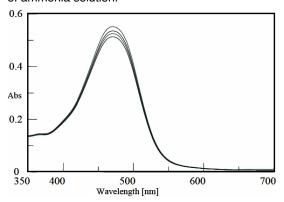


Fig. 1. Visible spectrum of curcumin in NH<sub>3</sub> at 0, 10, 25 and 30 minutes

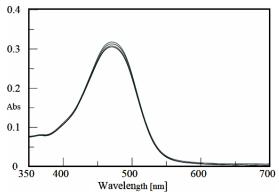


Fig. 2. Visible spectrum of rubrocurcumin in  $\mathrm{NH_3}$  at 0, 10, 25 and 30 minutes

The isolated curcumin powder was adsorbed on TLC grade silica and packed over the silica bed on a dry column. Three fine bands of the curcumin components can be visualized. This is due to the greater adsorbing capacity of TLC grade silica used in dry column flash chromatography, compared to that of the ordinary silica gel. Moreover, dry column flash chromatography is a method well adopted for the separation of components with minimum band gap in a column. The greater speed of the elution is noteworthy in the case of dry column flash chromatography.

### CONCLUSION

Due to the presence of  $\beta$ -diketone moiety, curcumin is susceptible for complex formation with boron. This complexation behavior is utilized for the extraction of curcumin from turmeric powder. The literature reports available for the extraction of curcumin are invariably associated with the use of organic solvents in bulk amounts or else sophisticated methods such as SCF chromatography. Here, we report a method in which acetonitrile is employed for the complex formation reaction and a simple work up procedure. Moreover, rubrocurcumin undergoes decomposition on treatment with ammonia solution thereby releasing curcumin, thus leading to its isolation from turmeric powder. Our investigation ensured that the curcumin had not undergone any morphological or structural changes during the whole isolation process. The method affords the curcumin I-III mixture as a easily filterable powder within 30 min. as against the 2-6 h required in reported, traditional extraction methods.

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#### **Conflict of interest**

There is no conflict of interest regarding the publication of this article.

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