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## Green Synthesis and Characterization of Iron Oxide Nanoparticles Using Phyllanthus Niruri Extract

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### ABSTRACT

Studies on green synthesis of nanoparticles moves forward a lot on these days. The present work involves the green method of synthesizing iron oxide nanoparticle from Phyllanthus niruri leaf extract. Furthermore, the green synthesized iron oxide nanoparticles were characterized and its antimicrobial activity was investigated. A characteristic comparison with chemical method of synthesis is also done, for iron nanoparticles. The characterization of nanoparticle includes the IR, UV-Vis, surface morphology and size determination using TEM, SEM, and XRD. The analytical studies revealed that the synthesized iron oxide nanoparticles from these two different methods have almost identical size and morphology. The synthesized iron oxide nanoparticles showed significant antimicrobial activity against the microbes, E. coli and P. aeroginosa. The studies concluded that the synthesis of iron oxide nanoparticles using plant extracts is more beneficial as it is an economical, energy efficient, low cost and environment-friendly process than the bio hazardous chemical synthesis. The present investigation may be a definite contribution to green chemistry in general and nano synthesis in particular.

> Keywords: Green synthesis, Iron oxide nanoparticle, Phyllanthus niruri, Agar- well diffusion method.

### INTRODUCTION

In a broad sense, the term biosynthesis includes a wide range of possible applications from nanotechnology enabled, environmentally friendly manufacturing processes that reduce waste products; the use of nanomaterials as catalysts for greater efficiency of current manufacturing processes by minimizing or eliminating the use of toxic materials<sup>1</sup>; the use of nanomaterials and nanodevices to reduce pollution; and the use of nanomaterials for more efficient alternative energy production. Biosynthesis of nanoparticles is a kind of bottom-up approach where the main reaction occurring is reduction or oxidation. The important reducing agents like citric acid, ascorbic acid, flavonoids, reductases, dehydrogenases and extracellular electron shuttlers present in microbial enzymes and plant extracts, play an important role in biosynthesis of metal nanoparticles<sup>2</sup>. They play important roles in both stabilization and reduction of nanoparticles. Green synthesis provides advantages



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over chemical and physical method as it is cost effective, environment-friendly, easily scaled up for large scale synthesis and in this method there is no need to use high pressure, energy, temperature or toxic chemicals<sup>3</sup>.

Phyllanthus niruri is an important plant of Indian Ayurveda. It is a herb of the Euphorbiaceae family. The active phytochemicals, flavonoids, alkaloids, terpenoids, lignans, polyphenols, tannins, coumarins and saponins, have been identified from various parts of P. niruri. Extracts of this herb have been proven to have therapeutic effects in many clinical studies<sup>4</sup>. The plant is of medicinal importance for numerous ailments like dysentery, influenza, vaginitis, tumors, diabetes, diuretics, jaundice, kidney stone, dyspepsia, antihepatotoxic, antihepatitis-B, antihyperglycemic and also as antiviral and antibacterial<sup>5</sup>. It is known for a variety of uses viz. hepatoprotective action, lipid lowering action, antidiabetic action, and antifungal action to name a few<sup>6-7</sup>.

Iron oxide nanoparticles consist of hematite or magnetite particles with diameters ranging from 1 and 100 nanometer and find applications in magnetic data storage, biosensing, drug-delivery etc<sup>2</sup>.

### MATERIALS AND METHODS

Material used are  $(NH_4)_2$ Fe $(SO_4)_2$ .6H<sub>2</sub>O,

 $NH_4Fe(SO_4)_2$ .12 $H_2O$ , NaOH, FeCI<sub>3</sub>, anhydrous FeSO<sub>4</sub> and trisodium citrate (Na<sub>3</sub>C<sub>6</sub>H<sub>5</sub>O<sub>7</sub>). All are AR grade reagents.

Fresh Phyllanthus niruri collected from nearby localities. It was used as the reducing agent in green synthesis<sup>8</sup>. De-ionized as well as double distilled water were used for making solutions and leaf extract.

#### Preparation of Phyllanthus niruri leaf extract

Freshly collected leafs of *Phyllanthus niruri*, were cleaned under running water and then washed with de-ionized water. The leaf were separated from the stem, and the fruit under the leaf are also removed carefully. About 25 g of cleaned leaf was boiled with 100 ml of distilled water, in a water bath for 2 hours. The extract is then filtered through a Whatman No: 1 filter paper and used for further experiments.

### Preparation of Fe<sup>3+</sup> - Fe<sup>2+</sup> mixture

9.6516 g of ammonium iron(III) sulphate dodecahydrate was dissolved in 100 mL de-ionized water and 3.9213 g of ammonium iron(II) sulphate hexahydrate in 100 mL de-ionized water separately, so as to get 0.2 M solution of Fe(III) and 0.1 M solution of Fe(II). 5 mL of both the solutions were mixed together to get the iron salt mixture in 1:2 ratio. Similarly four different ratios of solutions (1:2, 1:3, 1:5, and 2:3) were prepared.



Fig. 1. (a) The aqueous extract of *Phyllanthus niruri* leaf (b) Fe<sup>3+</sup> - Fe<sup>2+</sup> mixture. (c) Visible colour change

# Preparation of Iron oxide nanoparticles using Green Method

Optimum synthesis was done by adding the leaf extract (1.2 mL) to 10 mL iron salts mixtures [mixture of 0.2 M (NH<sub>4</sub>)<sub>2</sub> Fe (SO<sub>4</sub>)<sub>2</sub>.6H<sub>2</sub>O and 0.1 M NH<sub>4</sub> Fe (SO<sub>4</sub>)<sub>2</sub>.12H<sub>2</sub>O] in 1:2 ratio (and also tried in 1:3, 1:5, 2:3 ratios). The reaction was maintained for 30 min. at 30°C, under stirring. For the conversion of excess iron species into  $Fe_3O_4$ , 1N NaOH was added, and stirring continued for 15 minutes. The reddish yellow colour of extract were changed to black, indicating the formation of iron oxide nanoparticles<sup>9-11</sup>. The product was separated out by magnetic separation. Then washed with alcohol,

and dried in an air oven. The well characterization of colour change and precipitate was given by the 1:2 ratio. The green synthesized iron oxide nanoparticles and its precursors are shown in Figure 1.

yield and better quality nanoparticles.

#### **RESULTS AND DISCUSSION**

# Preparation of iron oxide nanoparticles using chemical method

0.973 g of FeCl<sub>3</sub> and 1.39 g of anhydrous FeSO<sub>4</sub> were mixed and dissolved in 40 mL of distilled water, 5 mL of NH<sub>3</sub> solution was added and stirred at 90°C in magnetic stirrer. 4.4 g of trisodium citrate was added to it and stirring continued for 30 minutes. The precipitate is washed with ethanol and separated by using magnetic separation technique, and dried<sup>12</sup>. Here different salts of iron were used to get better

UV-Vis analysis is one of the most important characterization method to study nanoparticles. The surface plasmon resonances (SPR) of synthesized iron oxide nanoparticles have been studied by UV-Vis Perkin Elmer Lambda 25 Spectrophotometer. The absorption of visible radiations due to the excitation of SPR, imparts various colours to nanoparticles. As the nanoparticles size changes, colour of the solution also changes<sup>13-14</sup>. So UV-Vis absorption spectrum is quite sensitive to the formation of nanoparticles.



Fig. 2. UV-Vis spectroscopy of samples by (a) chemical method (b) Green method

Both the nanoparticle samples (chemical and green method) are subjected to UV-Vis study. Fig. 2 shows the UV-Vis spectrum of both the samples. The nanoparticles synthesized by both methods shows maximum absorption at 330 nm to 360 nm. The nanoparticles synthesized by green method shows maximum peak in 330-355 nm range. Chemically synthesized nanoparticles shows an absorption in the range of 330-345 nm. The spectra recorded for the samples synthesized by green

method also shows an absorption band in the range of 330-400 nm, in addition to a small band around 400-450 nm that can be due the components present in the plants. (Typical plasmon resonance band of iron oxide nanoparticles).

The prepared iron oxide nanoparticles were

subjected to FT-IR spectroscopy measurements. It was recorded by using a Perking Elmer, spectrometer in the range 400-4000 cm<sup>-1</sup>. It was used to identify the possible biomolecules responsible for the reduction and capping of the nanoparticles. The IR spectrum of green synthesized nanoparticle is shown in Figure 3.



Fig. 3. IR spectrum of green synthesized magnetite nanoparticle

In IR spectrum of green synthesized nanoparticle, an absorption bands around 3442.84 cm<sup>-1</sup>, which are characteristic stretching vibration of hydroxyl functional group (O-H) on the surface of nanoparticles or adsorbed water in the sample<sup>15</sup>. The stretching vibration of the carboxylate group (C=O) is observed around 1391.95 cm<sup>-1</sup>. The stretching vibration of C=C group also localized at 1632.95 cm<sup>-1</sup>. The absorption band around 1113.72 cm<sup>-1</sup> is

assigned the stretching vibration of C-O group. The above observed FT-IR spectra confirm the presence of organic impurities in the sample during the preparation. The IR spectrum shows a peek at 583.02 cm<sup>-1</sup>, which, corresponding to the Fe-O stretching band of magnetite (Fe<sub>3</sub>O<sub>4</sub>). The formation of Fe<sub>3</sub>O<sub>4</sub>-NPs was confirmed with these characteristic peaks as the peaks laying in the region between 400 and 600 cm<sup>-1</sup> were corresponding to Fe<sub>3</sub>O<sub>4</sub><sup>-16</sup>.



Fig. 5. SEM images of Fe<sub>3</sub>O<sub>4</sub> nanoparticles synthesized from green method

Scanning electron microscopy is used to obtain information on surface morphology. The size and the morphology of the synthesized nano particles were confirmed by employing the technique. The samples synthesized from both the methods are subjected to SEM analysis on the Nova NanoSEM 450 SE Microscope in University of Kerala, Thiruvananthapuram.

The SEM image of two samples are shown in Fig. 4 and Fig. 5. From the SEM results, the prepared crystallites are nearly square in shape and it can be seen that the particles agglomeration, indicating a good connectivity between the grains together and the size of which is about 60-500 nm. The nanoparticles were agglomerated in few  $\mu$ m. The agglomeration was reduced with increase in grain growth<sup>17</sup>.

### From SEM results it is clear that the

nanoparticles synthesized by both the methods are square shaped. But the chemically synthesized iron oxide nanoparticles are more clearly separated particles. They can be well distinguished. In other hand the green method adopted synthesized particles are seems to be more sticky, and having an aggregated form.

The sample of nanoparticles synthesized has subjected to TEM analysis. The Transmission Electron Microscopic analysis was done on PHILIPS TEM CM 200 machine from SAIF IIT Bombay. The TEM image of green synthesized iron nanoparticles is shown in Fig. 6. It illustrates the aggregation of nanoparticles and the particles are nearly square shaped and are almost uniform in size. The size of the particles are around 10 nm or less and 80% of the particles has size around 10 nm. Thus the particles formed is in nano scale<sup>18</sup>.



Fig. 6. TEM image of the synthesized iron oxide nanoparticles

The samples prepared were subjected to X-ray Diffraction studies. Fig. 7 shows the XRD pattern of green synthesized  $Fe_3O_4$  nanoparticles. The diffractions peaks could be indexed as that of cubic structure of  $Fe_3O_4$  phase having lattice parameter a=8.39Å. The particles size was calculated from the XRD data using Scherrer's equation<sup>19</sup>.

$$D = \frac{k\lambda}{\beta COS\theta}$$

D is the average particle size, k is the grain shape factor taken as unity contemplating,  $\lambda$  wavelength of the Cu-K $\alpha$  irradiation,  $\beta$  the full width at half maximum intensity of the diffraction peak and  $\theta$  is the Bragg's angle. The particle size calculated using Scherrer's equation was found to be 15 nm<sup>20</sup>.

The green synthesized iron oxide nanoparticles, distinct peaks were found at 32.11, 35.89, 43.65, 56.88, 62.97° accounting for crystal planes (220), (311), (400), (510), and (440) respectively. All of the diffraction peaks can be indexed to the magnetite structure phase of iron oxide by comparison with the data from JCPDS card (77-1545)<sup>16</sup> and no characteristic peaks were observed other than  $\text{Fe}_3\text{O}_4$ . Fig. 7 shows the XRD pattern of synthesized  $\text{Fe}_3\text{O}_4$  nanoparticles<sup>16</sup>. The determined particle size came out to be with in the nanometer range.



The activities of green synthesized iron oxide nanoparticles against the microbes are studied using agar- well diffusion method. From this we find the microbial repelling nature of our sample<sup>21</sup>.

The antimicrobials present in the samples are allowed to diffuse out into the medium and interact in a plate freshly seeded with the test organisms. The resulting zones of inhibition will be uniformly circular as there will be a confluent lawn of growth<sup>22</sup>. The diameter of zone of inhibition can be measured in centimeters. Petriplates containing 20 ml Muller Hinton Agar Medium were seeded with bacterial culture of E. coli and P. aeroginosa (growth of culture adjusted according to McFards Standard, 0.5%). Wells of approximately 10 mm was bored using a well cutter and different concentrations of sample such as 25 µg/mL, 50 µg/mL, and 100 µg/mL were added. The plates were then incubated at 37°C for 24 hours. The antibacterial activity was assayed by measuring the diameter of the inhibition zone formed around the well Streptomycin was used as a positive control<sup>23</sup>. Table 1 shows the antibacterial activity test result of green synthesized Fe<sub>3</sub>O<sub>4</sub>.

Iron oxide nanoparticle have its own repelling nature against microbial. The reason for the bactericidal activity is due to the presence of reactive oxygen species generated by different nanoparticles<sup>24</sup>. Chemical interaction between the chemical produced in the presence of  $Fe_3O_4$  nanoparticles and the outer bilayer of bacteria could be the reason for the antibacterial activity of  $Fe_2O_4^{25}$ .

The antibacterial activity was assayed by measuring the diameter of the inhibition zone formed around the well Streptomycin was used as a positive control. The present study proves that  $Fe_3O_4$ shows the relevant antibacterial activity against *P. aeroginosa* and *E.coli*.

### CONCLUSION

The synthesis of iron oxide nanoparticles

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Table 1	: Ant	ibacterial	activity	of	Fe <sub>3</sub> C	)
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Concentration (µg/mL)	Zone of inhibition (cm)		
	E. coli	P. aeroginosa	
Streptomycin	2.6	2.7	
250	0.1	0.2	
500	0.5	0.6	
1000	1.3	1.5	

by two different methods viz., a green method and a conventional chemical method was described in present investigation. A comparison of these two methods are also conducted to demonstrate the importance of environment-friendly preparation of nanoparticles. By adopting this biological method it was possible to conduct the synthesis in a simple and environment-friendly manner when compared to chemical methods. The study has demonstrated that iron oxide nanoparticles could be prepared by making use of aqueous Phyllanthus Niruri leaf extract. The IR, UV-Vis, TEM, SEM, XRD studies, revealed that the synthesized iron oxide nanoparticles from these two different methods have almost identical size and morphology. More studies need to be done to identify the phytochemical constituent of plant which helps to reduce the metal into its nano form. The particles showed significant antimicrobial activity against the microbes, E.coli and P. aeroginosa.

The studies concluded that the synthesis of iron oxide nanoparticles using plant extracts is more beneficial as it is an economical, energy efficient, low cost and environment-friendly process than the bio hazardous chemical synthesis. The present investigation may be a definite contribution to green chemistry in general and nano synthesis in particular.

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