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Studies on Phytoconstituents and Biological Potential of Stem of Moringa oleifera

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ABSTRACT

Stem of Moringa oleifera were collected, shadow dried and chopped into small pieces. These were then extracted using methanol by refluxing method and the crude extract obtained was divided into two parts. One part was subjected to column chromatography which afforded a total of four compounds, namely, Cholest-5-en-3-ol(I), Stigmasterol(II), Gamma-sitosterol(III) and Tricosanoic acid(IV). All these compounds were first time reported from stem of Moringa. The other part of the crude extract was fractionated using different polarity solvents viz, hexane, benzene, chloroform, ethyl acetate, acetone and water. These fractions and methanol extract were then evaluated for antifungal activity by poisoned food technique against two phytopathogenic fungi. All the fractions were found to be more active against Rhizoctonia solani and Fusarium oxysporum.

Keyword: Phytoconstituents, Biological Potential, Moringa oleifera.

INTRODUCTION

Moringa oleifera commonly known as ben oil tree or drumstick tree is a small sized tree native to India, Africa and Arabia¹. It is well known for its medicinal value as its all parts are used in the medicine. Roots and fruits are antiparalytic². The roots are also laxative, expectorant, diuretic and good for inflammations, throat, bronchitis, piles and cures stomatitis, urinary discharges and obstimate asthma³. The root juice of Moringa oleifera when mixed with milk helps to cure lower back pain as it contains analgesics called moringine

and moringinine⁴. Its roots are also prescribed for the treatment of snakebites and scorpion stings. Its leaves are antihelmentic, aphrodisiac and cure hallucinations, dry tumors, hiccough and asthma⁵. Moringa flowers are a rich source of potassium and calcium. They are also used in the folk remedies for tumors. They also act as hypocholesterolemic and antiarthritic agents and helps to cure urinary problems and cold⁶. Immature pods are good source of palmitic acid, linoleic acid, linolenic acid and oleic acids. So they can be used in the diet of an obese person⁷. The medicinal value of this plant was long been used in folk remedies and was attributed to the presence of



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various bioactive compounds in its different parts. But the stem of *Moringa oleifera* remained unexecuted by the scientific community for its bioactive components as well as for its bioevaluation. So, the relevance and innovation of this study lies in the isolation, characterization and biological potential of *Moringa oleifera* stem.

EXPERIMENTAL

Sodium hydroxide, sodium silicate, Neseller's reagent, 2,4-dinitrophenol(DNP), ammonium molybdate and ammonium vandate were purchased from CDH, Daryaganj, New Delhi. All the solvents used in this study were of analytical grade and purchased from CDH or SD Fine Chem Limited, Mumbai, India. The adsorbents used for chromatography were silica gel (60-120 mesh) and silica gel G and were obtained from Himedia Laboratories Pvt. Ltd., Nashik, Mumbai, 1H NMR spectra of the isolated compounds were recorded on Sophisticated multinuclear FT NMR Spectrophotometer model Avance-II (Bruker 400MHz). CDCl_a and DMSO were used as solvents. Chemical shifts were recorded in δ (ppm) using Tetramethyl silane (TMS) as an internal standard. LC-MS were recorded with a Waters Micromass Q-ToF Micro Mass spectrometer. It is equipped with electronspray ionization (ESI) and atmospheric pressure chemical ionization (APcI) source having mass range of 4000 amu in guadruple and 20000 amu in ToF. Melting points were determined with a Ganson Electrical Melting Point apparatus. IR spectra were recorded with a Perkin Elmer Spectrum RX-I FTIR. It has a resolution of 1 cm⁻¹ and scan range of 4000 to 250 cm⁻¹.

MATERIAL AND METHODS

Plant material

Stem of *Moringa oleifera* were collected from the campus of Chaudhary Charan Singh Haryana Agricultural University, Hisar, Haryana, India. These were washed thoroughly with water to remove dust, shadow dried and chopped into small pieces. These were then kept in air tight containers for further use.

Extraction and fractionation

The shadow dried, chopped pieces of stem of drumstick tree (2kg) were extracted with

hot methanol by refluxing method for eight hours. The process was repeated thrice and the respective extractives were pooled together. The obtained extractives were evaporated on a rotary evaporator to give a crude extract (176 g). This extract was further divided into two parts. One major part (100 g) was mixed with silica gel (60-120 mesh size) and used to fill the column. The remaining part (76 g) was further fractionated with different polarity solvents viz hexane, benzene, chloroform, ethyl acetate, acetone and water. Each obtained fraction was evaporated to give a crude mass and stored in a refrigerator till use. These fractions and methanolic extract were used for determination of antifungal activity (Figure 1).

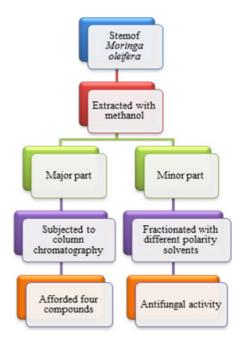


Fig. 1. Extraction, fractionation and isolation scheme of stem of *Moringa oleifera*

Preliminary phytochemical screening

The freshly prepared methanolic extract of stem of *Moringa oleifera* was subjected to qualitative chemical tests using standard methods. This helps in the identification of various classes of bioactive chemical constituents.

Column chromatography

The methanolic extract of stem of *Moringa* oleifera which was mixed with silica gel 60-120 mesh size subjected to column chromatography. A glass column of 1000×40 mm size was packed with slurry of silica gel (60-120 mesh size) in hexane. A portion of the methanolic extract of stem was introduced onto the column and eluted with solvents of increasing polarity The elutropic series of solvents used was hexane, benzene, ethyl acetate, methanol and their mixtures. Each eluate obtained was monitored by using Thin Layer Chromatography plates. The column chromatography afforded four compounds labeled as I to IV.

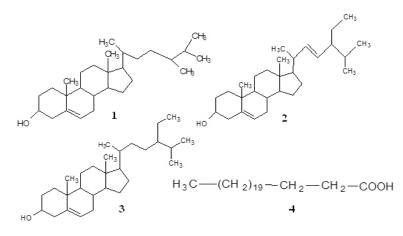


Fig.2. Chemical structures of compounds isolated from stem of Moringa oleifera

Compound I Fractions (1-15) were repeatedly separated by silica gel column chromatography on elution with benzene: hexane (1:9). It was crystallized by using acetone and obtained as white needles (30 mg) having melting point 144-146 °C. Its Rf value was found to be 0.42 in benzene. The molecular formula $C_{28}H_{48}$ O was deduced from its GCMS having molecular mass 400.

¹H NMR (δ, CDCl₃) 0.88 (s, 3H, C₁₈-CH₃), 0.90 (s, 3H, C₂₆-CH₃), 0.97 (s, 3H, C₂₇-CH₃), 1.11 (s, 3H, C₁₉-CH₃), 1.15 (s, 3H, C₂₁-CH₃), 1.18 (s, 3H, C₂₈-CH₃), 1.24-2.88 (m, 26H, 10×-CH₂, 6×-CH₃), 3.60 (m, J= 4.0Hz, 1H, CH-OH), 5.34 (m, J= 8.0Hz, 1H, =CH).

¹³CNMR (δ, CDCl₃) 141.80, 120.15, 71.56, 55.10, 50.15, 40.28, 38.20, 33.40, 32.75, 28.20, 28.10, 22.10, 14.10, 13.70.

IR

 $\nu^{\text{max}}_{\text{KBr}} \text{ (cm}^{-1}\text{)}; \quad 3419, \ 3322, \ 2955, \ 2927, \\ 2852, \ 1462, \ 1378, \ 1259, \ 1055, \ 801, \ 759.$

LC-MS (m/z, % intensity) 400 (78), 315.3 (80), 255.2 (52), 213.2 (94), 145.1 (100), 107.1 (82).

Compound II was obtained on elution with benzene: hexane (1:9). Fractions 16-26 were

separated by silica gel column chromatography and were pooled together after observing their TLC. The compound was crystallized from benzene (25mg). The purity of the compound was confirmed by Thin Layer Chromatography. The melting point of this compound was found to be 167-168°C. R_f value was found 0.48 in ethyl acetate: benzene (1:19). The molecular formula C₂₉H₄₈O deduced from its GC-MS having mass 412.4.

¹H NMR (δ, CDCl₃) 0.74 (s, 6H, 1×C₂₉-CH₃ and C₂₆-CH₃), 0.97(s, 6H, 1×C₂₄-CH₃ and 1×C₂₇-CH₃), 1.17 (s, 3H, 1×C₂₈-CH₃), 1.21 (s, 3H, 1×C₁₉-CH₃), 3.78 (d, J=4.0Hz, 1H, 1×C₃-CH), 4.38 (s, 1H, 1×C₂₃-CH), 4.86 (m, J=16.0Hz, 1H, 1×C₂₂-CH), 5.03 (m, J=4.0Hz, 1H, 1×C₆-CH), 7.28 (s, 1H, 1× -OH).

IR

 $\nu_{\rm KBr}^{\rm max} \ (\rm cm^{-1}); \ 3419, \ 3322, \ 2955, \ 1462, \ 1368, \ 1055, \ 801, \ 759, 667.$

GC-MS (m/z, relative abundance) 412.4(60), 351.3(25), 300.2(38), 255.2(77), 213.2(57), 159.2(100), 83.1(95).

Compound III was obtained as colorless crystals (45mg) on elution with benzene: hexane (1:9). It was recyrstallised from ethanol. Its melting point was found to be 145-147°C. The molecular formula $C_{29}H_{50}O$ was deduced from its GC-MS analysis.

¹H NMR (δ, CDCl₃) 0.68 (s, J=8.0Hz, 3H, $1 \times C_{18}$ -CH₃), 0.79(d, J=4.0Hz, 6H, $1 \times C_{26}$ -CH₃ and $1 \times C_{27}$ -CH₃), 0.83 (t, J=8.0Hz, 3H, $1 \times C_{21}$ -CH₃), 0.90(d, J=4.0Hz, 3H, $1 \times C_{29}$ -CH₃), 1.24 (s, 3H, $1 \times C_{19}$ -CH₃), 5.12(m, 1H, -OH), 5.32 (br, J=4.0Hz, 1H, C₆-CH).

IR

 $\nu^{\text{max}}_{\quad \text{KBr}} \text{ (cm}^{\text{-1}}\text{)}; \ 3419, \ 2955, \ 2852, \ 1659, \\ 1462, \ 1378, \ 1055, \ 801, \ 759.$

GC-MS (m/z, relative intensity) 414.4(80), 329.3(68), 303(41), 329.3(67), 255.2(65), 213.2(98), 145.1(100), 107.1(85).

Compound IV was isolated on elution with benzene: hexane (1:1) and crystallized out from benzene to get creamish salt like granules, 30mg, melting point 70-74°C. The compound IV responded to brown color in Libermann-Burchard's reaction. Its R_r value was found to be 0.11 in benzene. The molecular formula $C_{23}H_{46}O_2$ was deduced from m/z 355 by it GC-MS.

¹H NMR (δ, CDCl₃) 0.88 (t, J=8.0Hz, 3H, 1×-CH₃), 1.26 (br, J=4.0 Hz, 38H, 19×-CH₂), 1.63 (m, J=8.0Hz, 2H, 1×-CH₂-CH₂COOH), 2.34 (t, J=8.0 Hz, 2H, 1×-CH₂COOH).

IR

GC-MS (m/z, relative intensity) 355.2 (5), 267.1 (10), 149.1 (6), 84(100).

Biovaluation

Test organism The antifungal activity of different extracts/fractions of stem of *Moringa oleifera* was investigated using two phytopathogenic fungi i.e. *Rhizoctonia solani* and *Fusarium oxysporum* which were obtained from the Department of Plant Pathology, College of Agriculture, Chaudhary Charan Singh Haryana Agricultural University, Hisar, Haryana, India. The fungal isolates were allowed to grow on Potato Dextrose Agar⁸ (PDA) at 25±2 °C

until they sporulated. A 4-6 day old culture of each fungus was used for testing antifungal activity.

Bioassay

Poisoned Food Technique⁹ was used for determination of antifungal activity of different solvent fractions and extract of Moringa oleifera stem. Two sets were maintained- one for the treatment and another for control. The treatment set at different concentrations viz 250, 500, 1000 and 2000 µg/ ml was prepared by mixing the required quantity (25, 50, 100 and 200 mg respectively) in 1 ml of DMSO and then added pre-sterilized PDA. In control set, 1 ml DMSO was mixed with PDA. These treatments and control were then poured in pre-sterilized Petri plates and allowed to solidify at room temperature. After solidification, mycelia disc of 5 mm diameter cut out from 4-6 day old culture of test fungi were aseptically placed in Petri plates of different treatment and control sets. The Petri plates were then wrapped with para film along the rim to prevent contamination. The inoculated plates were then inverted and incubated at 25±2 °C and the observations were recorded when the control plate got completely filled with test fungus. Colony diameter was determined by measuring the average radial growth of each plate. The data recorded in each case was mean of three replicates. The fungal growth inhibition (%) was calculated by using the following formula.

% inhibition =
$$\frac{C-T}{C} \times 100$$

Where C = mycelia growth in control plate, T = mycelia growth in treated plate

The concentration of plant extract/ fractions producing 50% growth inhibition (EC₅₀) was calculated using SPSS Statistics 19 software.

Data Analysis

All the experimental measurements were carried out in triplicate and results were presented as mean \pm standard deviation. One way and two way analysis of variance (ANOVA) was carried out to assess any significant differences between the means (p<0.05) in Online Statistical Analysis (OPSTAT), CCS HAU, Hisar. EC₅₀ values of antifungal activity were calculated using SPSS Statistics 19 software. All other measurements and calculations were carried out in Microsoft Excel 2007.

RESULTS AND DISCUSSION

Preliminary phytochemical screening

Methanolic extract of stem of *M. oleifera* was screened for various phytochemicals like saponins, tannins, phytosterols, terpenoids, flavonoids, etc. The major phytochemicals found present were saponins, carbohydrates, anthraquinone glycosides, alkaloids, flavonoids, terpenoids, phytosterols, proteins and amino acids which are shown by positive (+ive) sign in table1 while tannins and cardiac glycosides were found to be absent and shown by negative sign (-ive).

Isolation and characterization of isolated compounds

Compound I, (Cholest-5-en-3-ol)

Compound I was obtained on elution with benzene: hexane (1:9). Its Rf value was found to be 0.42 in benzene. Its melting point was found to be 144-146 °C which is in agreement with the literature data 148-150 °C¹⁰. GC-MS analysis of compound I showed that its molecular mass is 400 with molecular formula $C_{28}H_{48}$ O. The IR spectra of the compound showed that it does not possess a carbonyl group which is confirmed by absence of absorption bands ranging from 1725-1810 cm⁻¹. The absorptions ranging from 660-1100 cm⁻¹ are characteristic absorptions of steroids. The absorption bands at 3419 and 3322 cm⁻¹ indicated the presence of hydroxyl group.

The ¹H NMR of compound I in CDCl_a exhibited a multiplet at 5.348 attributed to coupling of the H-atom which is bonded to sp² carbon atom (H-6) with hydrogen atoms on adjacent CH group. A multiplet at 3.60δ was assignable to a proton (H-3) bonded to -OH group. Six singlets of methyl functionality integrating for three protons each appeared at 0.88, 0.90, 0.97, 1.11, 1.15 and 1.188. Another multiplet observed ranging from 1.24-2.88 δ corresponds to the remaining ten methylene and six methine protons in cholest-5en-3-ol. All the above spectral data is in agreement for the following structure which corresponds to cholest-5-en-3-ol. This is the first report of isolation and characterization of cholest-5-en-3-ol from stem of Moringa oleifera.

Compound II, (Stigmasterol)

Compound II was obtained on elution with benzene: hexane (1:9). Its R_f value was found to be 0.48 in ethyl acetate: benzene (1:19). Its melting point was found to be 167-168 °C (literature m.p. 169.5 °C¹¹). The absorptions at 3419 and 3322 cm⁻¹ in its IR spectra confirmed the presence of –OH functionality in its structure. The molecular formula $C_{29}H_{48}O$ was deduced from its GC-MS with molecular mass 412.4.

In ¹H NMR spectra of the compound in $CDCI_3$, a singlet at 0.74 δ indicated the presence of six protons of two methyl groups. Six protons of

Sr. no.	Phytochemicals tested	Name of the test	Result
1.	Saponins	Frothing test	+ive
2.	Tannins	Ferric chloride test	-ive
3.	Carbohydrates	Fehling's test, Tollen's reagent test	+ive
4.	Cardiac glycosides	Keller-Killiani test	-ive
5.	Anthraquinone glycosides	Hydroxyanthraquinine test	+ive
6.	Alkaloids	Hager's test	+ive
7.	Flavonoids	Alkaline reagent test	+ive
8.	Terpenoids	Salkowski test	+ive
9.	Phytosterols	Liebermann- Burchard's test	+ive
10.	Protein	Biuret test	+ive
11.	Amino acids	Millon's test	+ive

 Table 1: Preliminary phytochemical screening of methanolic extract of stem of Moringa oleifera

+ive shows the presence while -ive shows the absence.

another two methyl groups could be picked up at 0.97 δ as a singlet. Two singlets appeared at 1.17 δ and 1.21 δ for two methyl groups positioned at C₁₉ and C₂₈. A doublet at 3.78 δ with coupling constant (J=4.0Hz) integrating for one proton assignable to –CH moiety attached to –OH group at C₃ position. A singlet centred at 4.38 δ for one proton was assignable to hydrogen at C₂₃. ¹HNMR spectra displayed a multiplet at 4.86 δ integrating for one proton at C₂₂. A singlet at 7.28 δ integrating for one proton confirmed the presence of hydroxyl group in it. The spectroscopic data was in agreement with the literature data12 of stigmasterol. This is the first report of isolation and characterization of this compound from *Moringa oleifera* stem.

Compound III, (Gamma-sitosterol)

Compound III was obtained on elution with benzene: hexane (1:9) and crystallised out from ethanol, 45mg, melting point 145-147 °C (literature m.p. 147-148 °C¹³). It gave green color in Liebermann-Burchard reaction indicating the presence of steroids. GC-MS analysis of this compound suggested the molecular formula to be $C_{29}H_{50}O$ and molecular mass 414. Its IR spectra gave absorption peak at 3419 cm⁻¹ indicating the presence of hydroxyl group in the compound. Other absorption peaks at 2955, 2852, 1659, 1462, 1378, 1055, 801 and 759 cm⁻¹.

The ¹H NMR spectra of the compound III in CDCl_a exhibited a singlet at 0.68δ for three protons which was assignable to methyl group present at C18 position. A doublet centered at 0.79 δ with J=4.0 Hz integrating for six protons indicated two methyl groups positioned at $C_{_{26}}$ and $C_{_{27}}$ A doublet centered at 0.90δ with J=4.0 Hz integrating three protons suggested the presence of a methyl group at C21 and a triplet at 0.836 (J=8.0 Hz) representing three protons was assignable to methyl group at C29 position. A singlet at 1.24 δ representing three protons could be due to methyl group at C10 position. A multiplet centered at 5.128 integrating for one proton could be of hydroxyl group. A broad signal at 5.328 for one proton was assigned to an olefinic proton. The spectral analysis is in perfect agreement with the literature data of δ -sitosterol. From the literature survey, it seems that this is the first time report of gamma-sitosterol from stem of *Moringa oleifera*.

Compound IV, (Tricosanoic acid)

Methanolic extract of stem of *Moringa* oleifera when subjected to column chromatography gave compound IV with benzene: hexane (1:1) solvent system. Total twenty nine fractions were collected and monitored by TLC. It was crystallised in benzene (30 mg) and having melting point 70-74 °C. Its molecular formula, $C_{23}H_{46}O_2$ was deduced from GC-MS with molecular mass 355. Absorptions at 1706 cm⁻¹ in IR spectra confirmed the presence of >C=O group in this compound. Other absorptions appeared at 2917, 2849, 1463, 1116 and 719 cm⁻¹.

The ¹HNMR spectra of this compound showed a single peak at 7.26 δ which represents the residual peak of CDCl₃. The spectrum exhibited a triplet at 2.34 δ for two hydrogens with J value 8.0 Hz adjacent to carboxylic acid group. A multiplet was observed at 1.63 δ for methylene protons at C_{.3} position. A broad singlet appeared at 1.26 δ for another methylene integrating for thirty eight protons. A sharp triplet at 0.88 δ appeared for terminal methyl protons. The spectral data helped us to identify the compound IV to be tricosanoic acid. This is the first report of isolation and characterization of tricosanoic acid from stem of *Moringa oleifera*.

Bioevaluation

Antifungal activity of stem of Moringa oleifera

Antifungal activity of different extract/ fractions of stem of *M. oleifera* against *Rhizoctonia solani* and *Fusarium oxysporum* are presented in Fig. 3 and 4. A perusal of the data showed that irrespective of the concentration, 2000 µg/ml concentration was found to be the most toxic and 250 µg/ml concentration was the least toxic. All the extract/ fractions of stem of drumstick tree were found to be more active against *R. solani* than *F. oxysporum*. Methanol extract was found to be the most active at 2000 µg/ml concentration with 68.43±1.48% growth inhibition against *R. solani* while in terms of EC₅₀ value ethyl acetate fraction was found to be the most active with 804.14 µg/ml EC₅₀ value. Against *F. oxysporum*, the maximum activity was shown by chloroform fraction at 2000 μ g/ml concentration with 59.22 \pm 0.34% growth inhibition and 1457.17 μ g/ml EC₅₀ value. Minimum activity was shown by water fraction of stem of *M. oleifera* at 250 μ g/ml concentration against *R. solani* and *F. oxysporum*. Moderate activity was shown by hexane, benzene, chloroform and ethyl acetate fractions against R. solani. While against *F. oxysporum*, moderate activity was shown by benzene, ethyl

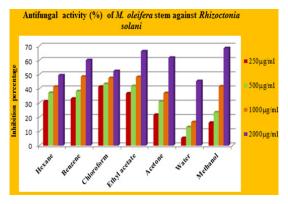


Fig. 3. Antifungal activity of various extract/ fractions of stem of *Moringa oleifera* against *Rhizoctonia solani*

acetate and water fractions. A significant difference was found among all the fractions at different test concentrations. Critical difference values for antifungal activity of various extract/ fractions of stem of *Moringa oleifera* were calculated. Interaction of compounds and concentrations was statistically significant with a value 1.868 against R. solani and 1.011 against F. oxysporum for concentration × compound.

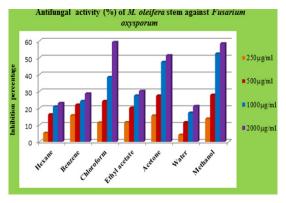


Fig. 4. Antifungal activity of various extract/ fractions of stem of *Moringa oleifera* against *Fusarium*

Table 2: Antifungal activity (%) and $EC_{_{50}}$ values (µg/ml) of various extract/ fractions of stem of				
Moringa oleifera against Rhizoctonia solani				

Sr. No.	Extract/ Fractions	Percentage Growth Inhibition				EC ₅₀ (µg/ml)
		250µg/ml	500 µg/ml	1000 µg/ml	2000 µg/ml	
1.	Hexane	30.98±1.80	37.06±0.59	41.37±0.34	49.41±1.18	2295.65
2.	Benzene	32.94±0.00	38.24±0.59	48.43±0.34	60.00±1.02	1044.47
3.	Chloroform	41.37±0.34	43.33±0.68	47.45±2.07	52.35±2.12	1500.32
4.	Ethyl acetate	36.67±1.48	41.76±0.59	48.24±0.59	66.27±0.34	804.14
5.	Acetone	21.57±1.48	30.98±0.90	36.86±0.34	61.76±0.59	1378.48
6.	Water	5.29±0.59	12.94±0.59	16.47±0.59	45.29±1.18	1378.48
7.	Methanol	16.08±2.38	23.33±1.89	41.57±0.34	68.43±1.48	1178.82
	Factors		SE(d)		CD at 5%	
	Concentration		0.352		0.706	
	Compound		0.465		0.934	
	$Conc. \times Compound$		0.930		1.868	

All the values are mean±S.D.

Mean of three replicates was taken (n=3).

µg/ml means microgram per millilitre.

 EC_{50} means inhibition concentration at which 50% of the growth is inhibited

Sr. No.	Extract/ Fractions	Percentage Growth Inhibition				EC ₅₀ (µg/ml)
		250µg/ml	500 µg/ml	1000 µg/ml	2000 µg/ml	
1.	Hexane	5.29±0.59	16.27±0.34	20.98±0.34	22.94±1.02	4129.82
2.	Benzene	15.69±1.36	21.96±0.34	24.12±0.59	28.63±0.34	4664.56
3.	Chloroform	11.37±0.34	24.12±0.59	38.43±0.34	59.22±0.34	1457.17
4.	Ethyl acetate	11.57±0.34	20.20±0.90	27.45±0.68	30.20±0.68	3790.44
5.	Acetone	15.49±0.34	27.45±0.68	47.45±0.34	51.37±0.68	1537.03
6.	Water	4.12±0.59	11.57±0.34	17.25±0.68	21.18±1.18	4740.79
7.	Methanol	13.73±0.68	27.84±0.34	52.41±0.50	58.43±0.34	1196.90
	Factors	SE(d)	CD at 5%			
	Concentration	0.190	0.382			
	Compound	0.252	0.505			
	Conc. × Compound	0.503	1.011			

Table 3: Antifungal activity (%) and EC₅₀ values (μg/ml) of various extract/ fractions of stem of *Moringa oleifera* against *Fusarium oxysporum*

All the values are mean±S.D.

Mean of three replicates was taken (n=3).

µg/ml means microgram per millilitre.

 EC_{50} means inhibition concentration at which 50% of the growth is inhibited.

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