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Proteins level in Sera and Saliva of Type 2 Diabetic Iraqi Patients with and without Proliferative Retinopathy

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ABSTRACT

Proteins play a central role in cell structure and function. The present study aimed to measure the changes in total protein [TP], albumin [A], globulin [G], and [A]/ [G] ratio in sera and saliva samples of type 2 diabetic patients with and without proliferative diabetic retinopathy (PDR). Meanwhile agarose electrophoresis was used to confirm such changes. Also it aimed to look for the possibility of using saliva as an alternative sample to serum as a diagnostic fluid. The results indicated that a significant increase was observed in serum [G], salivary [TP], [A], and [A]/ [G] ratio, p =0.000, p=0.041, p=0.04, p=0.001 respectively, while there was a significant decrease in serum [A]/ [G] ratio p=0.000 in patients without PDR compared to healthy control. Also, the results showed that there was a significant increase in serum [G], salivary [TP], [A], [G] and [A]/[G] ratio, p =0.000, p=0.000, p=0.000, p=0.000, p=0.037 respectively, while a significant decrease in serum [A]/[G] ratio p=0.000 was observed in patients with PDR compared to patients without PDR. Sera and salivary agarose gel electrophoresis fractionation indicated an increase in [TP] and [G], but the changes were more obvious in the levels of gamma globulin fractions where the higher values were noticed in the patients group with PDR. Sera [A] were slightly decreased while salivary [A] was slightly increased. The most obvious finding was the existence of a positive correlation between the changes in [TP], [A] and [G] of serum and saliva in all studied groups.

Keywords: Total protein, Albumin, Globulin, Agarose electrophoresis, Proliferative diabetic retinopathy (PDR).

INTRODUCTION

Diabetic retinopathy (DR), a major microvascular complication of diabetes, has a significant impact on the world's health systems ¹. In patients with diabetes, the global prevalence of any DR is 34.6% and 1 in 10 have sight-threatening DR (STDR), which commonly includes severe nonproliferative (NPDR), proliferative DR (PDR) and *diabetic macular edema* (DMO)². *Proliferative diabetic retinopathy* (PDR) is a developed form of retinopathy which is a severe and common complication of diabetes mellitus (DM), and patients with PDR may develop advanced visual impairment³. Globally, the number of people with PDR is expect to grow from 126.6 million in 2010 to 191.0 million by 2030, and it is estimated that the number with vision-threatening diabetic retinopathy will increase

from 37.3 million to 56.3 million if prompt action is not taken. Lack of early diagnosis and management is the leading cause of blindness in working-age populations¹.

Proliferative diabetic retinopathy is an advanced stage of diabetic retinopathy in which a major micro vascular complication of uncontrolled diabetic mellitus occurs⁴. It is one of the most important causes of blindness in many countries⁵. It has been reported that the pathogenesis of the diabetic retinopathy is inflammation as well as oxidative stress⁶. While inflammation is part of the healing process of wounds and infections, it also plays a central role in the pathogenesis of this disorder7 through changes in blood-retinal barrier and breakdown of retinal neovascularization in these patients⁸. The capillaries become more permeable, with leakage of blood proteins into body fluid⁹. The acute phase response to inflammation, or tissue damage is expressed through a change in the concentration of those proteins which are known as acute-phase proteins and include both positive acute-phase proteins and negative acute-phase proteins¹⁰.

Proteins play a central role in cell structure and function. Serum contains a mixture of proteins that differ in origin and function, and the amount of protein in the vascular compartment depends on the balance between the rate of its synthesis and the rate of its catabolism, or loss¹¹. They are major components of all cells, and present in all body fluids. Usually blood and urine samples are being used for diagnostic tests for diabetes12. But in the recent years, attempts have been made to replace blood test by other body fluids samples that could be collected by non-invasive method. One of the most important samples is saliva which has many advantages over serum since it is inexpensive and non-invasive, easy to be collected, delivered and stored¹³.

However, numerous studies had been performed to investigate the alteration in serum proteins and the result of serum [TP] in diabetics were variable in different papers in which most of them showed presence of a significant increase¹⁴⁻¹⁷ or a non-significant increase¹⁸ of serum [total protein]in diabetic patients, or even the record of lower levels of serum [total protein] in D2M in few other studies was reported¹⁹. Venkataramana *et al.*, explained the statistically significantly increased serum [TP] in D2M by the fact that all patients in their study were normo-albuminuria and without detectable microand macro vascular complications¹⁵. In contrast, Agoro *et al.*, showed that [TP] of D2M were statistically significantly decreased they related the decrease to hypervolemia as a result of the increased osmolality of a diabetic blood¹⁹.

The main goal of the present work is to look for the changes in [TP], [A], [G] and [A]/[G] ratio in serum and saliva samples of patients with type2 diabetic with and without proliferative diabetic retinopathy to determine their relation to disease status. As well as, to look for the possibility of using saliva as an alternative sample to follow these changes in the present studied patients and to distinguish such changes using agarose electrophoresis.

MATERIALS AND METHODS

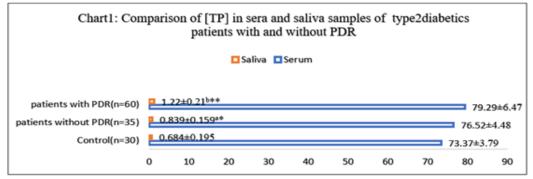
The current study included two groups of type 2 diabetic patients, 95 individuals with type 2 DM where 60 of them with and 35 of them without proliferative diabetic retinopathy(PDR) (according to standard American Diabetes Association criteria)20,30 age and gender matched healthy controls. All patients with PDR were admitted to: Ibn Al- Haitham Teaching Eye Hospital Baghdad, Iraq. They were diagnosed by specialists. Examination of the patients was done by slit lamp microscope. Five milliliters of venous blood samples were collected from overnight fasting patients, and from the control groups, in polyethylene tube. Samples were allowed to clot for ten min. at 37°C and then blood samples were centrifuged at (3000 x g) for 10 min. the clear serum was pipetted into clear dry test tube. At the same time unstimulated 5 mL whole, mixed-saliva samples were collected after rinsing their mouth with normal saline and preserved in an ice container under resting conditions in the fasting state. The saliva samples were centrifuged at (3000 ×g) for 10 min. to eliminate insoluble material and to obtain the supernatant. Both sera and saliva samples were stored frozen at - 20 in polyethylene tubes until they were used for the assay. This study protocol was approved by the Ethics Committee of the College of Science/University of Baghdad. Bradford method ²¹ was used to determine total serum and saliva proteins concentration using Bovine Serum Albumin (BSA) as a standard. Total Protein concentrations of serum and saliva were expressed in g/L. Serum and saliva albumin was determined by dye-binding method²², using bromocresol green (BCG) as the dye and using kit manufactured by Spinreact. The concentration of globulin in serum and saliva samples of control and all patient groups was calculated, using the following equation:

Globulin conc. (g/L) = Total protein conc. (g/L) - Albumin conc. (g/L)

A volume of 1000 µL pooled crude saliva that were used for electrophoresis of all studied groups was concentrated using the trichloroacetic acid (TCA)/acetone method²³. Briefly, proteins were precipitated using a mixture of trichloroacetic acid (TCA) (10% final concentration) and 2-mercaptoethanol (0.07% final concentration) at -20°C overnight, and then centrifuged at 13000g for 15 minutes. at 4°C. The pellet was washed three times with ice-cold acetone containing 2-mercaptoethanol (0.07%) and centrifuged as described above. The pellet was air-dried for a few minutes and, finally, resuspended in 100µL the protein diluent solution in the electrophoresis kit.

Pooled diluted 1:6 with protein diluent solution crude serum sample and concentrated pooled crude saliva sample protein electrophoretic fractionation profile was carried out using agarose gel electrophoresis and were applied on commercial Hellabio protein electrophoresis Kit (MPE), The gels were analyzed by Hellabio scan and software.

Statistical analysis was carried out using the program Statistical Package for the Social Science (SPSS for windows, version 22). The differences between groups were tested by one-way ANOVA followed by Tukey analysis to test the differences between groups, and the P-value was considered significant if it is < 0.05. The mean difference was defined as significant at p<0.05 level and correlation of parameters were done by using Pearson's formula. The percentage of significance was obtained on the basis of r values and P values.



*The difference is significant at (P < 0.05)

**The difference is a highly significant at (P < 0.01)

a= comparison to control while b= comparison to patients without PDR

RESULTS

The results of serum and salivary [TP] measurement in studied groups are illustrated in (Chart 1).

Throughout this study, a comparison between type 2 diabetic patients without proliferative diabetic retinopathy (PDR) and the control sample was done and the above results show that: a slightly increase in [TP] in sera of patients is observed but the increase was nonsignificant (p =0.154), while the increase in salivary [TP] was significant (p =0.041). While in comparison between the results of type 2 diabetic patients with PDR and those without PDR the increase in [TP] in serum was non-significant (p =0.159) but in salivary [TP] the increase was significant (p =0.000).

When [A] was measured and [G] and [A]/ [G] ratio were calculated mathematically the result in (Table1) show there is a highly significant increase in serum [G] and salivary [A], p=0.000, p= 0.004 respectively also the result show a highly significant decrease in serum [A]/[G] ratio p=0.000, while a significant increase in salivary [A]/[G] ratio p=0.001. These results were obtained upon comparing patients' group without PDR with the control group and both patients' groups without and with PDR with each other. Moreover, a significant decrease in sera [A] p=0.000, with a significant increase in salivary [G] are clear in samples of patients' groups with PDR with PDR with that without PDR.

Electrophoresis was used to follow these changes and the result are presented in (Figure1).

Figure 1: Electrophoretic profile of pooled crude sera and pooled crude saliva protein of the three studied groups on alkaline agarose gel films of Hellabio protein electrophoresis kit. The gels were stained with amido black in 5% acetic acid. (PDR) refer to proliferative diabetic retinopathy.

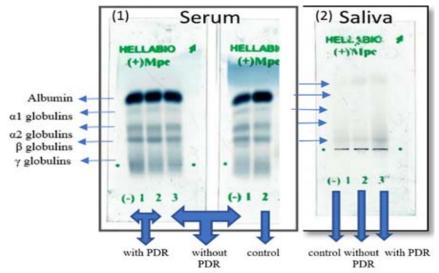


Fig. 1. Electrophoretic profile of pooled crude sera and pooled crude saliva protein of the three studied groups on alkaline agarose gel films of Hellabio protein electrophoresis kit. The gels were stained with amido black in 5% acetic acid. (PDR) refer to proliferative diabetic retinopathy

Table. 1: Comparison of [A], [G] and [A]/[G] ratio in sera and saliva samples of patients with and	
without PDR	

			Mean±SD (Range) P-value				
Groups		ımin /L)	Glob (g/		A/G Ratio		
	Serum	Saliva	Serum	Saliva	serum	Saliva	
Control (n=30)	47.52±2.24 (43-50.34)	0.295±0.114 (0.09-0.49)	25.89±2.66 (22-29.66)	0.388±0.093 (0.132-0.498)	1.84±0.207	0.753±0.204 (0.281-1.03)	
Patients without PDR (n=35)	(10 00.01) 45.65±2.12 (42-49.7)	$(0.00 \ 0.10)$ 0.414 ± 0.09 (0.23 - 0.55)	(22-20:00) 31.12±2.98 (27-36)	0.425±0.079 (0.245-0.50)	1.47±0.098 (1.29-1.59)	0.945±0.125 (0.737-1.1)	
Patients with PDR(n=60)	0.101 41.84±3.44 (35.6-47.7)	0.004 ^{a**} 0.626±0.123 (0.41-0.79)	0.000 ^{a**} 37.43±4.67 (30-45)	0.471 0.599±0.112 (0.4-0.756)	0.000 ^{a**} 1.13±0.164 (0.896-1.5)	0.001 ^{a**} 1.062±0.164 (0.746-1.39)	
	0.000 ^{b**}	0.000 ^{b**}	0.000 ^{b**}	0.000 ^{b**}	0.000 ^{b**}	0.037 ^b *	

*The difference is significant at (P < 0.05)

**The difference is a highly significant at (P < 0.01)

a= comparison to control while b= comparison to patients without PDR

It is obvious from the comparison of the proteins profile of the studied groups (Figure1) the obtained result of albumin, α_1 - and α_2 -globulins, β -globulins and γ -globulins as analyzed by Hellabio scan and software that the proteins in sera and saliva samples are separated into five distinct bands: albumin, α_1 - and α_2 -globulins, β -globulins and that the albumin has the maximum while gamma globulin have the minimum mobility in the electrical field. The results obtained of albumin, alpha globulin, beta globulin and gamma globulin fractions are given in (Table 2) for the studied groups.

Upon comparison of the results between the patients type 2 diabetes mellitus patients without PDR and healthy controls it is clear that there is an increase in [TP] and [G] in sera and saliva protein electrophoretic band intensity. Sera level of [A] patients' samples were slightly decreased, while the level of [A] in saliva patients' samples is slightly increased. The results (Fig.1 and Table.2) also show presence of an increase level of alpha-1and alpha-2 fractions in sera and saliva patients samples. Moreover, there are increased beta globulins and gamma globulins fractions in both sera and saliva samples of patients without PDR in comparison to those of healthy controls.

 Table. 2: Serum and saliva samples electrophoresis (% and g/L) of each T2DM patients with and without PDR and control

Group	re	bumin g egion g Saliva	/L r	Alpha-1 egion g Saliva	L/L	Alpha-2 region g Saliva	/L i	Beta region g Saliva	/L reg	amma gion g/L Saliva
Control	44.2	0.1	2.4	0.05	7	0.05	9.9	0.1	8	0.3
Patients without PDR	42.4	0.15	3	0.1	8.1	0.1	10.9	0.22	8.6	0.35
Patients with PDR	39.1	0.2	4.1	0.1	11.2	0.25	12.7	0.3	12.1	0.5

On the other hand, upon comparison the result of both patients' groups with each other, the result is the same as for decreased level of sera [A] as well as increased salivary [A]. Also, there is an increase in sera alpha-1 as well as in sera and salivary alpha-2, beta globulin and gamma globulin fractions but the changes are more obvious in the levels of gamma globulin fractions where the higher

values are observed in the group of the patients with PDR except for level of salivary alpha-1fractions in which no difference was observed.

To check the possibility of using saliva as a sample of analysis instead of serum, a Pearson correlation was calculated between protein profile in saliva with that in sera samples and results are summarized in (Table. 3)

 Table. 3: The Pearson correlation between serum and saliva protein profile of patients T2DM with and without PDR groups, where

1- Control 2- patients without PDR 3-: patients with PDR

Serum	Total protein r value			Albumin r value			Globulin r value			A/GRatio r value		
Saliva	Control	p value Without PDR	With PDR	Control	p value Without PDR	With PDR	Control	p value without PDR	With PDR	Control		
Total protein Albumin Globulin	.879** .000	.842** .000	.639** .000		.567** .009	.431** .010		.755**	.426*			
A/GRatio							.001	.000	.011	191 .421	199 .399	199 .252

*Correlation is significant at the 0.05 level (2-tailed).

** Correlation is significant at the 0.01 level (2-tailed).

The most obvious result noticed (Table. 3) is the existence of a strong positive correlation between the changes in [TP], [A] and [G] in serum and saliva of all present studied groups. While a negative correlation is observed among all studied groups in the ratio of [A]/[G], and this correlation suggests the existences a weak relationship in this ratio (Pearson correlation: -0.191, -0.199, -0.199 respectively) between the serum and saliva.

DISCUSSION

In this study, serum and saliva were used to follow the changes in the level of [TP], [A], [G], and [A/[G] ratio in type 2 diabetic patients with and without proliferative diabetic retinopathy (PDR). The patients' groups were compared as follows: type2 diabetic patients without PDR group compared with healthy group, while type 2 diabetic patients with PDR group was compared with patients without PDR group.

The result indicated that the serum [TP] in patients' samples were slightly increased, but such increase was statistically non-significant. This result is accordant with several studies that showed the presence of no difference in serum [TP] between patients with DM and healthy controls18,24,25. Such slight increase in serum [TP] observed in the current study can be explained as follows; normally, the total amount of protein in the blood falls between 60 and 83 g/L¹⁰. If the amount of protein in blood increases, it usually signals an underlying medical condition. The plasma total proteins are composed of albumin (major protein present in blood about 60% of total serum protein), globulin, and fibrinogen^{9,26}. Since in serum, the fibrinogen component is omitted therefore albumin was measured and globulin was calculated. any condition that lowers serum albumin will lead to a reduced total serum protein (hypoproteinemia), although hypoproteinemia may be due to hypogammaglobulinemia²⁷. In contrast, true hyperproteinemia is always due to increase in serum globulins, mainly gammaglobulins¹⁰. In the current study the increase in serum [TP] and the decrease in serum albumin (Table1)in patients without PDR were not significant but there was highly significant increase in serum [G] so the effect of the [A] reduction is small and therefore the net level of serum [total protein] was slightly increased.

Furthermore, it has been suggested that the decrease in serum [TP] is due to microproteinuria and albuminuria, which are important clinical markers of diabetic nephropathy24. In current study patients without PDR have been selected without nephropathy so the decrease in serum [A] was not significant and the slight increase in serum [TP] may be related to the increased plasma concentration of inflammatory markers such as high globulins which includes various acute phase proteins for example α 1-antitrypsin C-reactive protein, α 1-acid glycoprotein, haptoglobin, ceruloplasmin, while the observed decrease in albumin suggest presence of chronic inflammation. On measuring plasma protein, the level of fibrinogen was reported to be increased in D2M due to increase its synthesis^{14,15}.

In the present study, Salivary [TP] levels were also increased, it revealed high levels of salivary [TP] in patients without PDR as compared with healthy, but patients who had proliferative retinopathy (PDR) were found to have highest levels of salivary [TP]. This increase is in agreement with many studies carried on saliva sample T2DM and T1DM patients^{28, 29}, on T2M patients³⁰, and on T1DM patients^{25, 31-33},

The increase was may be explained on the basis that saliva can serve as a partial filtrate of blood which contains serum components transported from capillaries into saliva by diffusion, active transport, or ultra- filtration via gingival sulcus³⁴. Patients with diabetes are more prone to dental complications such as oral mucosal diseases and oral infections³⁵. Meanwhile diabetes mellitus (DM) is a clinical syndrome characterized by hyperglycemia³⁶, glucose metabolic products lead to microvascular changes in blood vessels and basal membranes of cells in salivary glands and oral tissues which lead to a change in salivary composition which include organic and inorganic components associated with increased basement membrane permeability and increased passing of molecules from exocrine glands into their secretions. All these changes cause easier movement of proteins from blood to saliva and gingival fluid^{12,13,32} lead to an increase in the leakage of serum derived components into saliva through gingival crevices. Moreover, the levels of salivary proteins depend on the salivary flow rate, the salivary flow rate in diabetes is reported to be

reduced which is correlated to salivary viscosity and foam that are reflected by the higher levels of proteins³².

However, the result of salivary [TP] levels in diabetics were variable in different papers and at sometimes contradictory. on comparing different studies, we have found that the majority of studies confirmed the presence of a significant increase of salivary [TP] in diabetic patients. A non-significant increase³⁷⁻³⁹ or non-increase at all or even lower levels of salivary [TP] have been recorded in some other studies⁴⁰⁻⁴². Streckfus et al., and Indira et al., both suggested that the decrease was due to protein utilization by other biochemical metabolic pathways as an overall systemic response to glucose intolerance, while Lima-Aragao et al.,42 explained such difference in their study by the fact that the assay was performed immediately after collection where centrifugation of the saliva samples was carried out to prevent endogenous proteolytic activity.

Therefore, this contradiction can be explained by the different used methods was carried out, techniques and type of salivary collection like the stimulated or unstimulated collection of saliva, different salivary sample analysis, different glucose metabolic control methods^{43,44}, as well as, the degree of diabetic control in different patients, the duration of the disease, types of diabetes and the presence of diabetic complications.

Hyperproteinemia is always due to increase in serum globulins, mainly gamma globulins⁴⁵ as there is no natural cause that can lead to increase in serum albumin. The increase in serum albumin have no clinical significance as it is either due to acute dehydration or artefactual due to albumin i.v. infusion¹⁰.

In our study, the decreased serum albumin levels were confirmed by electrophoresis profile (Fig. 1 and Table. 2), in patients' group without PDR as compared with control group but the decrease did not reach significance. These results are in agreement with the previous studies^{14,18,25}. Meanwhile in patients' group with PDR, it reached significance, also confirmed by gel electrophoresis (Fig. 1 and Table. 2). These results are in agreement with a previous study⁴⁶. On the other hand, in our study there were significant increase in in serum globulin levels in both patients with and without PDR groups (Fig.1 and Table. 2). These results are in agreement with the previous studies on D2M14, 17, 28, 47. Ardawi el al., Malawadi and Adiga suggest that diabetics might show hypergammaglobulinemia (IgA and IgG)^{14, 47}, this suggestion goes well with hyperglobulinemia found in our study. The decrease in serum albumin (which is known as one negative phase reactants) and increase in serum globulin (a known positive phase reactant) levels could be explained by that albumin and globulin are the major protein components in serum, they play an important role in inflammation⁴⁸. All other serum proteins except albumin are globulins which include enzymes, antibodies and different proteins⁴⁹. During insulin deficiency, it has been reported that there is significant decrease in fractional synthetic rate of albumin that is associated with a significant increase in fibrinogen^{14,15}. Such results had been reported to reflect chronic inflammation⁴⁸. So, any Changes in the concentration of these individual proteins will lead to a change in total serum protein. Disorders that cause a long-lasting chronic inflammation of different tissues can raise the levels of protein in blood like production of antibody proteins via stimulation of the immune system⁵⁰.

On the other hand, oxidative stress plays a vital role in the development of vascular complications in diabetes mainly type 2 diabetes⁵¹, and human serum albumin is known as biomarker of oxidative stress⁵². i.e. it acts as a sacrificial proteins⁵³. It has multiple functions, such as antioxidation⁵⁴. where it is damaged by reactive oxygen species⁵⁵. And absorbs reactive oxygen species and prevent them from attacking other essential proteins⁵³. Prakash reported in his mini review that oxidized albumin levels elevated in various human diseases such as patients with diabetes mellitus type 1 and type 252. This may have an effect on the level of albumin in serum. Moreover, the significant decrease in serum [A] in patients with PDR may due to these patients are more exposed to the involvement of renal participation, including urinary albumin excretion within the microalbuminuria range. Therefore, all patients with PDR should undergo an evaluation of renal function including urinary albumin test⁵⁶. In a study conducted by Rehman et al., they concluded that there was a significant decrease in serum [A] associated with significant increase in urinary albumin excretion rate in type 1 and type 2 diabetics¹⁶. This fact justifies the non-significant decrease in serum [A] found in patients without PDR in the current study such decrease is mostly related to negative phase reactants. In contrast to serum albumin, throughout the present study, salivary albumin concentration showed a significant increase in both patients with and without PDR, as confirmed by electrophoresis, these results are in agreement with the previous studies on T2DM^{25,32}. This increase may be explained on the basis that albumin is considered as a serum ultrafiltrate to the mouth, and its possible increased diffusion into the mucosal secretions is due to the change in the integrity of capillary bed, or mucosal lining that occurs in diabetes mellitus. Salivary albumin increases in immunosuppression, diabetes and radiotherapy, and it has been suggested to be used to evaluate the integrity of mucosal function in the mouth, also is used as a marker for the degree of mucositis or inflammation in the oral cavity³².

Additionally, salivary [G] levels were slightly increased in the patients group without PDR as compared with control group, as evident by electrophoresis (Fig.1). however, the increase did not reach significance except in the patients group with PDR, as confirmed by the significant increase in protein bands observed upon electrophoresis profile mainly gammaglobulins fraction (Fig.1) of patients' groups. This increase may be due to the increased synthesis of positive acute phase proteins during inflammation. This change in globulins concentration was confirmed by the significant increase in protein bands observed on electrophoresis profile in mainly gammaglobulins fraction (Fig.1) of patients' groups especially in patient with PDR. Meanwhile it clear from the electrozymogram of the serum and saliva protein presence of an increase in α 1, α , β and gamma globulins fractions where the increase is more evident in α 2, β and gamma globulins fractions. Such result is in agreement with a study carried in Pakistan on serum of diabetic and non-diabetic patients with retinopathy 57 who reported that serum α 1, α 2, β globulins were significantly increased in diabetic patients with retinopathy, diabetic patients without complications and non-diabetic patients with retinopathy as compared with control subjects. Also, Sánchez et al., showed that serum α 2-globulin plays a key role in the control and regulation of the

ocular neovascularization in diabetes patients with proliferative retinopathy⁵⁸. Furthermore, Chung el al., recorded that the plasma alpha 2-macroglobulin level induced by a variety of factors, including cytokines, in the acute and chronic inflammatory conditions elevated in the blood of patients with diabetes, especially in those with diabetic complications and they found that salivary alpha 2-macroglobulin statistically correlates with plasma alpha 2-macroglobulin in diabetic complications, such as neuropathy and retinopathy⁵⁹. Lindsay et al., showed that high gamma globulin levels in patients with D2M were the indicator to risk of diabetes, and the activation of immunity system may have a role in the development of D2M⁶⁰.

The ratio of serum [A]/[G] in patients' groups with and without PDR was found to be significantly decreased which supports the results obtained by previous work that reported the [A]/[G] ratio was extremely and significantly lowered in serum of D2M patients¹⁴. In contrast, there was an observed significant increase of salivary [A]/[G] ratio of same groups (Table1), the results were in accordance with study on D2M ³⁵.

[A]/[G] ratio has been reported as a novel inflammatory indicator for prognosis in colorectal cancer, lung cancer, esophageal cancer, and breast cancer ⁴⁸. Low [A]/[G] ratio means either an increase in serum globulin with normal or low serum albumin or low serum albumin with normal or high serum globulin⁴⁹. In the present study, a decrease in this value is due to low serum albumin and increase in serum globulins, but the decrease in serum albumin was greater in T2DM with PDR. Meanwhile in saliva the increase in this value is due to increase both salivary [A]and [G].

From the results of this study, the following conclusion may be achieved, that proliferative diabetic retinopathy influences the composition and concentration of serum and salivary proteins and the alterations of the salivary composition might also be helpful for a better understanding of the development and progression of proliferative diabetic retinopathy. And finally, on the basis of the present study, saliva may be used as a non-invasive and painless method as a diagnostic alternative fluid to blood for measurement of the parameters included in the present study for the patients with proliferative diabetic retinopathy.

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