



## Identification and Characterization of Solid Binary System of Quercetin-Nicotinamide

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### ABSTRACT

Preparation of binary system quercetin-nicotinamide and the solubility evaluation have been conducted in this study. Binary system was prepared by solvent evaporation technique and physical mixture was used as comparison. The aim of this study is to analyze the type of interaction and to investigate the solubility of quercetin-nicotinamide produced. Identification of binary system interaction were done using Powder X-ray diffraction (PXRD), Differential Thermal Analysis (DTA), Infrared spectroscopy (IR), Scanning Electron Microscopy (SEM), and solubility test. Determination of quercetin was done in ethanol:water (1:1) by High Performance Liquid Chromatography (HPLC) using acetonitrile:phosphate acid 0,1% (55:45) as mobile phases. Diffractogram powder X-ray showed a decrease in the peak intensity, but did not show a new crystalline phase. DTA thermal analysis showed a decrease in the melting point of the binary system compared to quercetin, which likely eutectic mixture was formed. SEM results indicated the changes in the morphology of the crystal compared to pure components. FT IR analysis showed a shift wavenumber of the spectrum quercetin and nicotinamide. Interaction between these compound showed that the conglomerated form (simple eutectic) between two crystalline phases. The solubility of binary system quercetin-nicotinamide increased compared to intact quercetin. Solubility of quercetin, physical mixture and binary system quercetin nicotinamide were  $0.294 \pm 0.005$  mg/mL,  $0.338 \pm 0.004$  mg/mL, and  $0.419 \pm 0.001$  mg/mL, respectively. In conclusion, the solubility increased after the formation of binary system quercetin-nicotinamide.

**Keywords:** quercetin, nicotinamide, interaction, binary system, eutectic.

### INTRODUCTION

Quercetin is a flavonoid polyphenol compound, which is still interesting to study due to several pharmacological activities<sup>1</sup>. However, quercetin has a low solubility in water, causing limitations in the process of absorption and effect on bioavailability in the body<sup>2</sup>. Several

methods have been conducted to improve the solubility and dissolution rate of quercetin such as formation of inclusion complexes with cyclodextrins<sup>3</sup>, manufacture of solid dispersions<sup>1</sup>, and formation of nanoparticles<sup>4,5</sup>.

Efforts to improve the solubility of drug compounds which are poorly soluble in water

generally involves the interaction between the two compounds (binary system) or more. Physical interaction of a binary system generally occurs in two resembled materials, which is generally based on the molecular formula, and the internal structure or the level of crystalline lattice symmetry<sup>6</sup>. Interactions are often found in pharmaceutical technology and a binary system can be classified into physical interaction eutectic system (conglomerate), peritecticum (solid solution), and molecular compounds (co-crystal)<sup>7</sup>.

Previous study showed that co-crystal quercetin can be formed by addition several co-former such as phenolic acid, lactamide and carnitine<sup>8</sup>. In this study nicotinamide is used as co-former to form binary system with quercetin. Nicotinamide is a safe and inert material which included as Generally Recognized as Safe (GRAS), thus it can be used in the development of pharmaceutical preparations<sup>9</sup>. Nicotinamide has been widely used as Cocystal Coformer (CCF) for the formation of co-crystals with celecoxib<sup>10</sup>, theophylline<sup>11</sup>, ibuprofen<sup>12</sup>, carbamazepine<sup>13</sup>, lamotrigine<sup>14</sup>, and binary mixture of efavirenz<sup>15</sup>.

Therefore, the present study conducted formation of a binary system of quercetin with nicotinamide by solvent evaporation method. Identification and characterization of binary system formed were done by Power X-ray Diffraction, Differential Thermal Analysis (DTA), Scanning Electron Microcopy (SEM) analysis, and Infra-red spectroscopy analysis and solubility test.

## MATERIALS AND METHODS

Quercetin (Sigma Aldrich, Singapore), Nicotinamide (Kimia Farma, Indonesia), 96% ethanol (Brataco Chemika, Indonesia), methanol (Brataco Chemika, Indonesia), acetonitrile HPLC grade (Merck), ethanol pro analysis (Merck), phosphate acid and distilled water. All materials were used as received.

### Preparation of binary system of Quercetin – Nicotinamide

The binary system was prepared by solvent evaporation method. Quercetin and nicotinamide was mixed with ratio 1: 1 (in equimolar) and diluted with

ethanol until all materials dissolved. The solvent was evaporated by using a rotary evaporator, then stored in a sealed container in a desiccator.

### Preparation of physical mixture of Quercetin – Nicotinamide

Physical mixture of quercetin - nicotinamide was prepared with ratio of 1: 1 (equimol). Prior to mixture process, both quercetin and nicotinamide were crushed in a mortar separately for 1 hour. The mixing process was done using a spatula and the mixture was stored in a desiccator.

### Powder X-ray Diffraction Analysis

Powder X-ray diffraction analysis was conducted for quercetin, nicotinamide, binary system and physical mixture at room temperature using a diffractometer (PAN Analytical, The Netherlands). Samples was placed on a sample glass and leveled to prevent particle orientation during sample preparation. The measurement conditions were as follows: Cu metal targets, K $\alpha$  filter, voltage 40 kV, a current of 40 mA, and analysis was carried out in the range of 2 theta 10 - 40°C.

### Differential Thermal Analysis

Thermal analysis of samples was carried out by using DTA apparatus (*Shimadzu* DTA / TG-60, Japan) which has been calibrated with Indium. Samples, about 3-5 mg, was placed on aluminum-covered plate. DTA apparatus was programmed in a temperature range of 30-330°C with a heating rate 10°C per minute. Thermal analysis was conducted for intact quercetin, intact nicotinamide, and physical mixture of quercetin-nicotinamide and binary system of quercetin-nicotinamide.

### Scanning Electron Microscopy (SEM) Analysis

The morphology analysis was done for intact quercetin, intact nicotinamide, and physical mixture and binary system of quercetin-nicotinamide using an SEM apparatus (Jeol type JSM-6360LA, Japan). Powder sample was placed on a sample made of aluminum and coated with gold and the voltage was set at 20 kV and 12 mA current. The sample was then observed at different magnifications.

### Infra-red spectroscopy analysis

The sample was placed on the ATR crystal to cover all surfaces of samples. Absorption spectra

was recorded with Fourier Transform Infrared (FT-IR) at wavenumber 4000-500  $\text{cm}^{-1}$ . Analyses was performed for intact quercetin, intact nicotinamide, physical mixture and binary system of quercetin-nicotinamide.

### Solubility test

Solubility test was conducted to measure the amount of quercetin dissolved in solvent used. An excessive amount sample of intact quercetin, physical mixture and binary system quercetin-nicotinamide was dissolved in ethanol: water (1:1). The solubility test was carried out using an orbital shaker for 24 hours. The sample was filtered using Whatman filter paper (0.45  $\mu\text{m}$ ) and filtrate solution was injected for HPLC analysis (Shimadzu LC-20AD) using acetonitrile:phosphate acid 0.1% (55:45) as mobile phases.

## RESULTS AND DISCUSSION

The results of X-ray diffraction analysis of intact quercetin, intact nicotinamide, and physical mixture of quercetin-nicotinamide and binary system of quercetin-nicotinamide is shown in Figure 1. It can be seen from diffractogram that there was a decrease in the intensity of interference binary system compared to intact quercetin. The decrease of intensity peak is likely due to solvent evaporation process which the recrystallization of crystal growth occurs resulting in the degree of crystallinity decreased. This indicated that the binary system

between quercetin and nicotinamide did not produce a new crystalline phase (molecular compounds), but rather a conglomeration of two crystal phases in the solid state or often referred to as a simple eutectic mixture<sup>6</sup>.

Differential thermal analysis is used to evaluate changes in thermodynamic properties that occur when the material is given heat energy<sup>6</sup>. including melting, recrystallization, desolvation and transformation into the solid phase can be observed by endothermic or exothermic peak on DTA thermogram. The result of differential thermal analysis (DTA) can be seen in Figure 2, which the melting point of intact quercetin, intact nicotinamide, physical mixture quercetin-nicotinamide, and binary system quercetin- nicotinamide was 318.1 $^{\circ}\text{C}$ , 134.4 $^{\circ}\text{C}$ , 231.3 $^{\circ}\text{C}$  and 230.1 $^{\circ}\text{C}$ , respectively. There was a change in melting point for both physical mixture and binary system which likely indicated a physical interaction between quercetin and nicotinamide. The lower melting point of the binary system likely indicated formation of eutectic mixture between quercetin-nicotinamide<sup>15</sup>. Formation eutectic mixture has also been reported with efavirenz<sup>15</sup> and coenzyme Q10 (Qo10)<sup>16</sup>. In addition, this result was in accordance with X-ray powder analysis which showed in diffractogram of quercetin-nicotinamide.

Morphology of intact quercetin, intact nicotinamide, physical mixture and binary system is shown in Figure 3. It can be seen that crystal habit

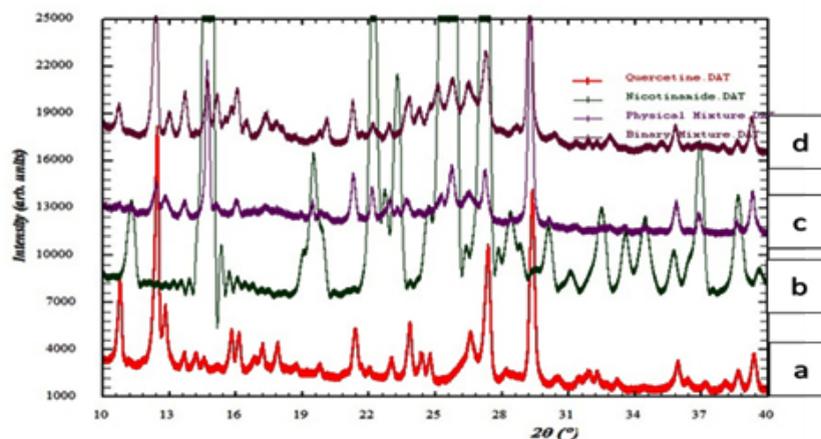


Fig. 1: X-ray diffractogram of (a) intact quercetin, (b) intact nicotinamide, (c) physical mixture of quercetin–nicotinamide, (d) binary systems quercetin-nicotinamide

of quercetin like needle shaped, while nicotinamide shaped like a rod. Moreover, the morphology of physical mixture was a combination of quercetin and nicotinamide, while the morphology of binary system was different in which the crystal size reduced and formed aggregate compared to both intact quercetin and nicotinamide. This indicated interaction has been occurred between quercetin and nicotinamide as also shown in thermal analysis that affect the crystal morphology of binary system.

Infra-red spectroscopy analysis was conducted to observe the shift on spectrum that can be used to identify a sample by comparing its spectrum to standard spectrum and to determine the interaction between the drugs with other substances in the sample. The infra-red spectrum of intact quercetin, intact nicotinamide, physical mixture and binary system can be seen in Figure 4. The spectrum of intact quercetin was relatively similar to spectrum quercetin in literature at 2000-400  $\text{cm}^{-1}$

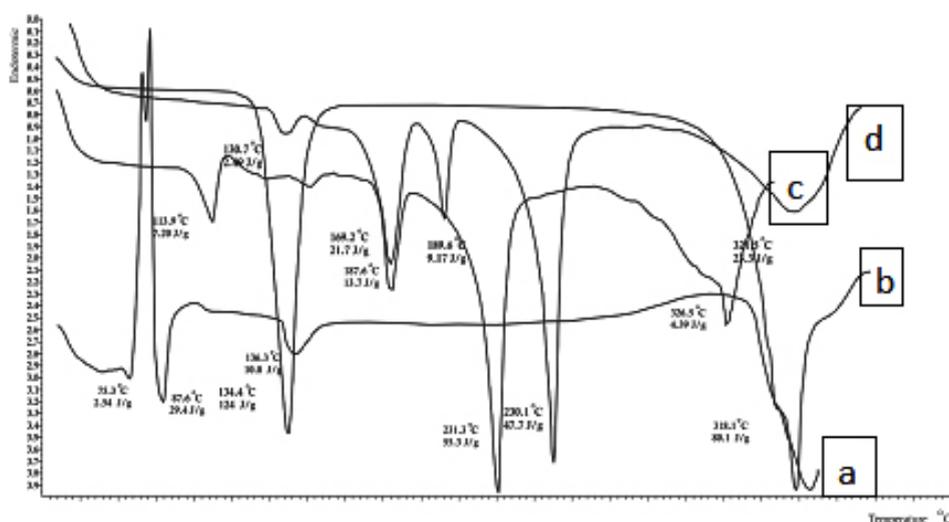


Fig. 2: Thermogram DTA of (a) Quercetin, (b) Nicotinamide, (c) Physical Mixture, (d) Binary System

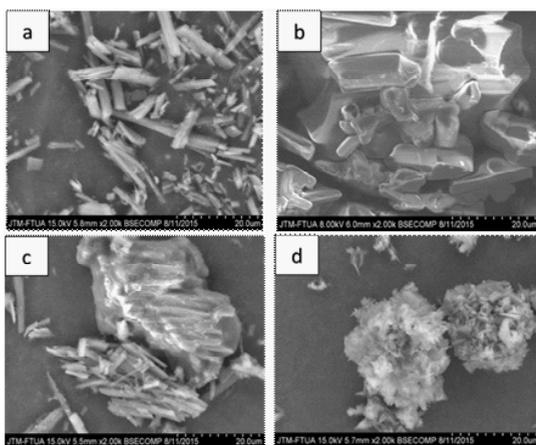
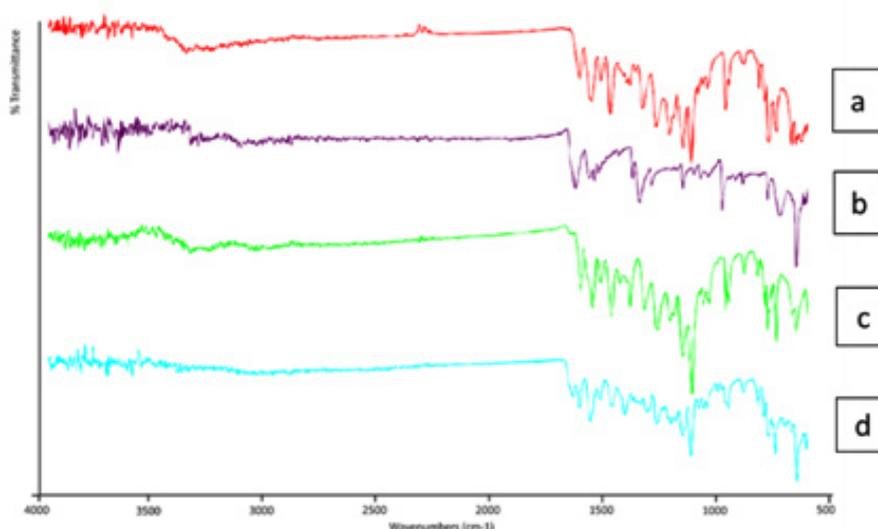


Fig. 3: The scanning electron microscopy of: (a) intact quercetin, (b) intact nicotinamide, (c) physical mixture quercetin-nicotinamide, (d) binary system quercetin-nicotinamide

wavelength. At wavelength  $1655 \text{ cm}^{-1}$ , quercetin spectrum showed a stretching frequency of C=O bonding that normally showed at  $1800 - 1600 \text{ cm}^{-1}$ . Nicotinamide spectrum showed a stretching of N-H bonding at  $3357.96 \text{ cm}^{-1}$  wavelength that appeared at  $3060-3500 \text{ cm}^{-1}$  wavelength. The spectrum of binary system showed difference in sharpness of peak appeared. There was a shift of C=O bonding at  $1686 \text{ cm}^{-1}$  compared to intact quercetin at  $1655 \text{ cm}^{-1}$

Table 1: Solubility of intact quercetin, physical mixture and binary system

Sample	Solubility (mg/mL)
Intact quercetin	$0.294 \pm 0.005$
Physical mixture	$0.338 \pm 0.004$
Binary system	$0.419 \pm 0.001$



**Fig. 4: Infra-red spectrum of: (a) intact quercetin, (b) intact nicotinamide, (c) physical mixture quercetin-nicotinamide, (d) binary system quercetin-nicotinamide**

wavelength. Wavenumber shift that occurred likely due to the formation of a hydrogen bond between the carbonyl group of the amide groups on the quercetin with nicotinamide<sup>17</sup>.

The solubility test was conducted in ethanol and water medium due to properties of quercetin that can undergo oxidation in the water and oxygen in water and air<sup>18</sup>. The result of solubility test of intact quercetin, physical mixture and binary system can be seen in Table 1. The solubility of intact quercetin was  $0.297 \pm 0.005$  mg/mL which was similar to another study<sup>2</sup>. There was an increase in solubility for both physical mixture and binary system. This improvement was likely due to several mechanisms including addition of solvent to disperse quercetin molecularly and formation of eutectic that reduced particle size<sup>6</sup>. Moreover, the chemical interaction that likely occurred between quercetin

and nicotinamide increased the solubility due to properties of nicotinamide which is highly hydrotropic causing an increase in solubility of quercetin<sup>19</sup>. The solubility improvement result was corresponded to DTA result, which a decrease in the melting point of the binary system formed. The decline was expected to cause the solubility of binary system higher than intact quercetin which has higher melting point. The lower the melting point of a compound the faster this compound to be dissolved.

## CONCLUSION

The characterization and identification of binary system between quercetin and nicotinamide by X-ray diffraction, DTA, FT-IR, and SEM showed the formation of a simple eutectic mixture. The binary system exhibited the highest solubility compared to intact quercetin and physical mixture.

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