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## Antioxidant Activity of the Extracts from *Jatropha curcas* Fruit and Its Correlation with Total Phenolic Content

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#### ABSTRACT

The correlation between antioxidant activity and total phenolic content of the crude extract from *J. curcas* fruit were evaluated. The crude extract was obtained by extracting with selected solvent and fractionated with a hydrophilic lipophilic balanced (HLB) cartridge. The total phenolic content of crude extract with Folin-Ciocalteu method gave the content at 7.04  $\pm$  0.10 mg GAE/g of extract and 0.22-18.61 mg GAE/g of extract for its fraction. The antioxidant activity of crude extract was 270.98  $\pm$  0.59 µmol Fe/g of extract with Phen method and the extract gave IC<sub>50</sub> at 14.09  $\pm$  0.05 mg/mL with DPPH method. A good correlation among antioxidant activity and total phenolic content of both methods were observed. Furthermore, the methanolic fraction (F<sub>5</sub>) showed highest antioxidant activity with IC<sub>50</sub> at 0.04  $\pm$  0.02 mg/mL as the study of DPPH method and 207.53  $\pm$  2.58 µmol Fe/g of extract as the study of Phen method.

Keywords: Jatropha curcas fruit, Total phenolic content, Antioxidant activity, DPPH method, Phen method, Pearson correlation.

#### INTRODUCTION

Several types of medicinal plants have proven to be an effective source for both medicinal folklore and the development of drugs industry in currently. Bioactive compounds are also known to produce from numerous types of medicinal plants<sup>1-3</sup>. These compounds demonstrate antioxidant, antibacterial, antiviral, anti-inflammatory and anticancer properties as described in previous studies<sup>4-6</sup>. Especially, phenolic compounds possess the effect of antioxidant activities with scavenging free radicals, reducing activities and chelating of metal<sup>7,8</sup>. In currently, the used of synthetic antioxidant compounds in the industrial processing are increased<sup>9</sup>. Nevertheless, these synthetic compounds have been considered the carcinogenic effect<sup>10</sup>. Consequently, more interest focuses on the importance of natural bioactive compounds derived from plants in currently.

Jatropha curcas (J. curcas) is a multipurpose plant in Euphorbiaceae family, has a lot of economic significance because of its industrial and medicinal values. The researches of J. curcas plant in Thailand are mainly regarding the improvement of the quality of biodiesel production source, genetic diversity analysis and also the analysis of phorbol ester in the plants<sup>11-13</sup>. However, the studies of other utilization of the several parts of J. curcas plant in Thailand are still lacking. Various parts of J. curcas plant have been studied about phytochemical compound identification for searching new natural bioactive compounds in previously reported<sup>14</sup>. Consequently, the studies about finding natural antioxidant compounds from other parts of J. curcas are important for the further escalation value of this plant.

As the antioxidant activity examination, DPPH and Phen method are mostly used for study this activity with radical scavenging and reducing power properties, respectively. Several reports described that phenolic compounds were main substances that have influence of antioxidant activity in plant extracts and also the correlation of total phenolic contents and antioxidant activity were studied<sup>7,15</sup>. The correlation of antioxidant activity and phenolic contents may be explained by different reasons, such as all compounds from total phenolic contents not collaborate to demonstrate the antioxidant activity. Consequently, the present study is interested in the correlation of antioxidant activity with difference test methods and phenolic compounds containing in J. curcas fruit extracts. Therefore, the objectives of this research were to evaluate the bioactive properties of the extracts of J. curcas fruit by determining total phenolic contents and antioxidant activity with difference of test methods including DPPH and Phen methods.

#### MATERIALS AND METHODS

The materials of *J. curcas* fruits were kindly contributed from Khon Kaen Field Crops Research Center (KKFCRC) Khon Kaen Province, Thailand. The green fruits of *J. curcas* were selected for this study. Folin-Ciocalteu reagent for total phenolic content evaluation was purchased from Merck (Germany). As the extraction study, methanol, ethanol, acetone, hexane, dichloromethane, chloroform and ethyl acetate were purchased from Carla Erba (Italy). Additionally, an Oasis<sup>®</sup> hydrophilic lipophilic balanced (HLB) cartridge (6 mL, 500 mg) was obtained from Waters (Ireland). 2, 2-diphenyl-1-picryhydrazyl (DPPH), gallic acid, 1, 10phenanthroline were purchased from Sigma-Aldrich (Switzerland). 2, 6-di-tert-butyl-4-methylphenol (BHT) was achieved from Acros Organic (USA). Ferric chloride, sodium carbonate, sodium hydroxide, and ferrous sulfate heptahydrate were obtained from Carlo Erba (Italy).

#### Extraction of J. curcas fruit

The suitable type of solvent for the extraction of J. curcas fruit was evaluated. Briefly, 2 g of the crushed J. curcas dried sample was extracted three times with 25 mL of 60% (v/v) extracted solvent by shaken with an orbital shaker (Yamato Scientific, Japan) at 150 rpm at ambient temperature (30°C) for 2 h. And then, the extract was filtered through a Whatman No. 1 filter paper (USA). After that, the solvent in the filtrate was removed by using a rotary vacuum evaporator and then brown color of crude extracts was achieved. The selected solvent type considered from the crude extract that show high quantity of total phenolic content. The achieved crude extracted solution was further isolated by loading through a HLB cartridge and eluted with 25 mL of hexane, dichloromethane, chloroform, ethyl acetate and methanol, respectively. Finally, the solvent of each fraction was removed to obtain the remaining defined as F<sub>1</sub>, F<sub>2</sub>, F<sub>3</sub>, F<sub>4</sub> and F<sub>5</sub>, respectively.

#### Determination of total phenolic content (TPC)

Firstly, 300  $\mu$ L of the extracts or standard solutions of gallic acid were mixed with 1.5 mL of 10fold diluted Folin-Ciocalteu reagent. Subsequently, 3.0 mL of 7.5% (w/v) sodium carbonate was added. These mixtures were then incubated in the dark condition at ambient temperature (30 °C) for 30 minutes. The absorbance of these reaction mixtures were recorded at 765 nm using a UV-Visible spectrophotometer (Agilent model 8453, Germany). The TPC was attained from a regression equation (R<sup>2</sup> = 0.9973), and reported as gallic equivalent (GAE) in mg per 1 g of the extract.

# Evaluation of antioxidant activity 2, 2-diphenyl-1-picryhydrazyl (DPPH) method

The tested samples or standard BHT were mixed with 100  $\mu$ M DPPH solution and adjusted volume into 10 mL with methanol. These mixtures were then incubated in the dark condition at 25°C for 30 min. The absorbance of control, sample and BHT were recorded at 517 nm by using a UV-Vis spectrophotometer. The percentage inhibition was calculated as equation 1. The results were reported as IC<sub>50</sub> value, which obtained from the plotting of % inhibition versus concentration of the extracts.

$$\% Inhibition = \frac{(A_{517}control - A_{517}sample)}{A_{517}control} x100 \dots (1)$$

#### Phenanthroline (Phen) method

The extract, 0.2% (w/v) of ferric chloride and 0.5% (w/v) of 1, 10-phennanthroline solution was mixed and adjusted volume to 10 mL with methanol. The achieved solutions were mixed and left at ambient temperature (30°C) in the dark condition for 30 min. The absorbance of mixture was measured at 510 nm against blank by using a UV-Vis spectrophotometer. Working solutions of ferrous sulfate in the range of 100-700 µmoL/L were used to prepare for calibration curve. The results were expressed as amount of antioxidant activity on µmoL of Fe per 1 g extract.

#### Statistical analysis

Statistical analysis was carried out using Microsoft Corporation Computer Excel Program (USA). All experiments were performed in triplicated. The obtained antioxidant results were presented as mean  $\pm$  standard deviation (SD). The Pearson correlation test of antioxidant activity and total phenolic content were done with SPSS Statistics 19 Program.

#### **RESULTS AND DISCUSSION**

#### Extraction of J. curcas fruit

TPC of each extract was determined using Folin-Ciocalteu method according to Fu et al (2014) with minor modification<sup>2</sup>. The chemical reaction depends on the reduction of Folin-Ciocalteu reagent (FCR) by phenolic compound to a mixture of blue oxides, which have a maximal absorption at 765 nm using a spectrophotometer. The suitable extracting solvent was evaluated by comparison the quantity of TPC of each extract. The results of TPC of crude extracts with different extracted solvent showed in Fig. 1. It was observed that methanol has higher efficient for the extraction than ethanol and acetone with TPC at 6.77  $\pm$  0.34, 5.59  $\pm$  0.14, 4.66  $\pm$  0.43 mg GAE/ g of the extract, respectively. As this result, it may be due to the different phenolic content with different polarity. Therefore, it was suggested that solvents used affected to the total phenolic content of the extracts. Consequently, methanol was chosen as the extracting solvent for the further study.

#### Total phenolic content (TPC) of the extracts

TPC of the crude methanolic extracts were evaluated to establish their effect on antioxidant activity and also the correlation of them. This content

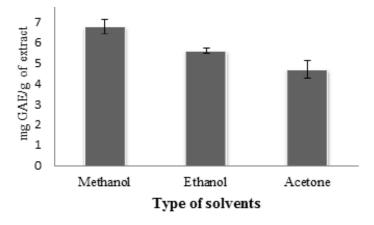


Fig. 1: Effect of extracting solvents for phenolic extraction

was determined as mg of gallic acid equivalent (GAE)/g of the extract by using the regression equation from the calibration curve of gallic acid standard in the range of 25-250  $\mu$ g/mL (Fig. 2). TPC of crude methanolic extracts was 7.04 ± 0.10 mg GAE/g of the extract and the TPC of the fractions isolated from HLB cartridge were also shown in Table 1. It was found that the extracts contain TPC value in the range of 0.22-18.61 mg GAE/ g of the extract. It was observed that the highest TPC value present in methanol fraction (F<sub>5</sub>). Furthermore, TPC of difference crude methanolic concentrations were determined against the antioxidant activity of each concentration of extract for the study of their correlation.

#### Antioxidant activity of the extracts

As some of previously reported, the evaluation of antioxidant activity by more than one method was reasonable because of different methods

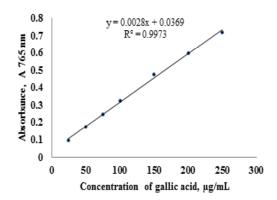


Fig. 2: Calibration curve of gallic acid standard in Folin-ciocalteu method

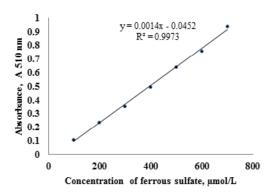


Fig. 3: Calibration curve of ferrous sulfate obtained from Phen method

assess different characteristics of antioxidant compounds<sup>16</sup>. In this study, antioxidant activity of the extracts from *J. curcas* fruit was individually evaluated using two common methods with different mechanisms including DPPH and Phen method. As the results of Phen method, calibration curve of ferrous sulphate in the range of 100-700  $\mu$ moL/L was obtained (Fig. 3). The crude methanolic extract showed antioxidant activity at 270.98 ± 0.59  $\mu$ molFe/g of the extract, as shown in Table 1.

The scavenging activity of the crude methanolic extracts on DPPH<sup>-</sup> was also shown in Table 1. DPPH is a stable radical with a maximum absorbance at 517 nm. The ability of an antioxidant component in the extracts to scavenge DPPH was evaluated on the basis of their IC<sub>50</sub> value, defined as the concentration of sample to decrease the absorbance at 517 nm of DPPH<sup>-</sup> solution to half of its initial value. The lower IC<sub>50</sub> value indicated a strong ability of the component in the extracts to act as DPPH scavengers while the higher IC50 value indicates a lower scavenging activity of the extract. The results showed that the crude methanolic extracts gave IC<sub>50</sub> at 14.09  $\pm$  0.05 mg/mL (Table 1), which can be determined by the plotting of % inhibition and concentration of extracts as shown in Fig. 4. Moreover, the fractions obtained from HLB separation gave highly antioxidant activity especially methanol fraction (F<sub>5</sub>) with both test methods, as shown in Table 1. It is noteworthy that the active compound may contain highly in this fraction. However, the characterizations by using further technique such as GC-MS or HPLC-MS may be

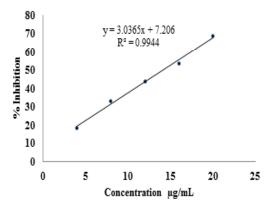


Fig. 4: % Inhibition of DPPH method

required for identify the type of interested antioxidant compounds which contain in the extracts.

As antioxidant activity tests with two above methods, the results showed that the extracts from J. curcas fruit had a higher both total phenolic content and antioxidant activity than J. curcas seed oil in our previous work<sup>17</sup>. Consequently, these results suggested that J. curcas fruit has highly potential as effective natural antioxidant sources. However, in order to approve that antioxidant activity of the J. curcas crude methanolic extracts is mainly as results from the content of some phenolic compounds, the correlation coefficient of antioxidant activity and total phenolic content were determined, as shown in Fig. 5. The results show that the increasing of antioxidant activity correlate with total phenolic content with correlation coefficient at 0.959 and 0.875, as the study of Phen and DPPH method, respectively.

It may be due to the present of some phenolic compounds such as methyl-3-(3,5-di-tert-butyl-4-

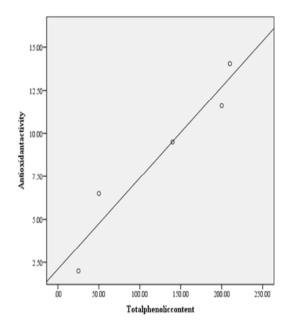


Fig. 5: Pearson correlation plot between total phenolic content and antioxidant activity of Phen method

The extracts	Total phenolic content (mg GAE/g extract)	Antioxidant activity	
		Phen assay (μmol Fe/g extract)	DPPH assay as IC50 (mg/mL)
Crude methanolic	7.04 ± 0.10	270.98 ± 0.59	14.09 ± 0.05
Hexane, F <sub>1</sub>	0.22±0.08	1.34±0.21	15.40±2.06
Dichloromethane,F,	1.04±0.14	9.50±1.25	7.40±1.56
Chloroform, F <sub>3</sub>	5.03±0.24	33.95±4.02	1.06±0.41
Ethyl acetate, F <sub>4</sub>	1.86±0.43	50.68±3.42	4.90±1.13
Methanol, F <sub>5</sub>	18.61±0.30	207.53±2.58	0.04±0.02

Table 1: Total phenolic content and antioxidant activity of the extracts of *J. curcas* fruit

hydroxyphenyl) propionate according to the studied of Tongpoothorn et al. (2012) and also 5,4'-dihydroxy-3, 7, 3'-trimethoxyflavone, 5, 3', 4'-trihydroxy-3,7dimethoxyflavone, 3-O-methylquercetin, 5, 6, 7-trimethoxycoumarin, tomentin, isoscopoletin, omega-hydroxypropioquaiacone, coniferaldehyde, 3, 5-dihydroxy-4-methoxybenzaldehyde, vanillic acid, isovanillin, 4-hydroxybenzaldehyde, cimifugin and (E)-3-hydroxy-5-methoxy-stilbene according to the studied of Jun and Xu (2012)<sup>17,18</sup>. Additionally, the synergism between the antioxidant compounds in the extracts made the antioxidant activity dependent on concentration or the structure of the containing compound and the interaction between the antioxidant compounds. It can be seen that these results of the relationship between phenolic content and antioxidant property of this plant agree with this characteristic of some plant from previously reported<sup>19,20</sup>.

#### CONCLUSIONS

The crude methanolic extracts of *J. curcas* fruit exhibited good antioxidant activity determined by using the Phen and DPPH methods. And also, this activity correlates with the total phenolic content as the study of Folin-Ciocalteu method. High correlation among antioxidant activity and total phenolic content of both antioxidant activity and total phenolic content of both antioxidant methods were achieved. And also, the extracts obtained from HLB separation show highly amount of total phenolic content and antioxidant activity especially methanol fraction. Therefore, the compounds present in the *J. curcas* fruit extracts can be introduced as potential candidate for natural antioxidant activity sources. The findings of the study are useful for the further research to identify, isolate and characterize the

specific compounds which is responsible for higher antioxidant activity. This study contributes a good foundation for the utilization of *J. curcas* fruit as a source of antioxidant compounds.

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